



Center & Community Resources

CENTER PROGRAMS

SUPPORT & DISCUSSION GROUPS

Affirmations' Support & Discussion Groups are peer led and group driven support for any and all identities. Group names, descriptions, meeting dates and times are located on advertising materials in and around The Welcome & Resource Desk, and on our website.

Contact: Ian Unger, Youth and Education Manager, iunger@goaffirmations.org

CROSS THE LINE LEADERSHIP DEVELOPMENT PROGRAM

Leadership: A 16-week program designed to empower LGBTQ+ youth ages 13-20. Leadership skills utilized from curricula focus on understanding power and privilege, LGBTQ+ 101, facilitation and presentation skills, creative advocacy approaches, mentorship, community engagement, and social risks prevention such as bullying, HIV/STI, domestic violence and sexual assault.

Workforce: A 16-week program designed to empower LGBTQ+ youth ages 16-24 with soft and hard skills necessary for successful workforce navigation. Utilizes theoretical and practical application, the program provides 4 weeks of interactive training and 10 weeks of on-the-job training.

Youth Drop-In: Every Friday and Saturday, 4 to 9 p.m., for youth ages 13-20. Open to empower youth, only trained adult such as designated interns, Adult Allies and Staff are permitted. The Drop-In provides a safe place for youth to engage their peers for networking, fun, and learning. Equipped with an XBOX 360, games, pool table, board games, WIFI, Netflix, and much more. Also features movie and game nights and youth-led discussion groups. **Contact:** Ian Unger, Youth and Education Manager, iunger@goaffirmations.org

COUNSELING PROGRAM

We offer LGBTQ-affirming counseling services in a safe and welcoming environment for people of all cultures, ethnicities, sexual orientations, and gender identities. For individuals and couples age 18+ in Southeast Michigan. **To Apply:** www.goaffirmations.org/programs-services/health-wellness **Contact:** Shelly McCallister, Counseling Program Supervisor, mmccallister@goaffirmations.org

LGBTQ+ EDUCATION AND LEARNING LABS

Affirmations offers a variety of Diversity and Inclusion educational opportunities for center guests, businesses, high schools, and universities. D&I trainings are crafted to an organization's specific needs and interests on any topic regarding LGBTQ+ identity and intersectionality. Offerings include LGBTQ+ 101, Intersectionality and Oppression, Coming Out, and Creating Safe Spaces.

Contact: Ian Unger, Youth and Education Manager, iunger@goaffirmations.org

SEXUAL HEALTH TESTING

Affirmations' Center Partners offer FREE HIV & STI testing 3-4 times a week at the Center. Free condoms, lube & health education resources are also available. Calendar available online under the Health & Wellness link and also at The Welcome & Resource Desk. **Contact:** Kyle Taylor, Development and Community Relations Manager, ktaylor@goaffirmations.org

THE PITTMAN-PUCKETT GALLERY

Affirmations' The Pittman-Puckett Gallery is an exhibition and performance space intended for the presentation of

work by lesbian, gay, bisexual, transgender and allied artists. Available to established and emerging artists, especially those whose work speaks to or about the LGBTQ+ community, The Pittman-Puckett Gallery is a space for artists to exhibit and sell their work. Managed by the Aff-All Star Committee. **For Information:** info@goaffirmations.org

VOLUNTEER PROGRAM

Since 1989 we have remained committed to fostering community involvement through an active volunteer program. All prospective volunteers must attend Volunteer Orientation & Training and Adult Ally Training, complete the volunteer application, submit to and pass a background check and sign a Confidentiality Agreement, to be eligible for service with Affirmations.

To apply: www.goaffirmations.org/get-involved/volunteer

Volunteers can choose to be apart of the following committees:

Aff-All Star Committee

Helps to develop new and exciting programs and experiences for the entire community including theater, wine events, concerts, and gallery openings.

Aff-Advocate Committee

Works on advocacy and political issues important to the LGBTQ community.

Aff-Ally Committee

Help affirmations with important general needs including front desk, facilities and key special events like Fall Fling and Spring Bash.

PARTNER ORGANIZATIONS

OFFICES IN AFFIRMATIONS

HUMAN RIGHTS CAMPAIGN www.hrc.org The HRC is a national LGBTQ advocacy organization that works to end discrimination against LGBTQ people and realize a world that achieves fundamental fairness and equality for all.

SAGE METRO DETROIT www.sagemetrodetroit.org SAGE Metro Detroit is a local affiliate of the national Services & Advocacy for GLBT Elders SAGE, the country's largest and oldest organization dedicated to improving the lives of lesbian, gay, bisexual, and transgender older adults. **Main Line: 734-681-0854** **Email:** info@sagemetrodetroit.org

TRANSCEND THE BINARY www.transcendthebinary.org Provides peer counseling, surgery consults, therapist referrals, insurance navigation, fitness/nutrition, HRT education, affirming doctors, and free syringes for transgender and non-binary individuals. **Appointment Line: 248-533-0797**
Email: consults@transcendthebinary.org

COMMUNITY PARTNERS

LGBT DETROIT www.lgbtdetroit.org LGBT Detroit is a Detroit-based nonprofit organization whose mission is to increase awareness of and support to Detroit's dynamic LGBT culture through education and advocacy with integrity and pride. **20025 Greenfield Rd., Detroit, MI 48235** **Main Line: 313-397-2127**

JIM TOY COMMUNITY CENTER www.jimtoycenter.org Exists to provide information, education, social events, and advocacy by and for the Queer and Ally community in the Washtenaw County area. JTCC welcomes all who support its mission to participate in its activities. **319 Braun Court, Ann Arbor, MI 48104**

Main Line: 734-995-9867

JACKSON PRIDE CENTER www.jacksonpridecenter.org Focuses on education and advocacy as well as providing resources to the LGBTQ population within the Jackson County area. **536 N. Jackson St, Jackson, MI**
Main Line: 734-627-7570

OUTCENTER www.outcenter.org Mission is to provide LGBTQ+ people and their families with the services and support they need to feel safe and comfortable in their communities, while also working with local and state-wide groups to establish respect and understanding of LGBTQ+ people and bring equality home to Southwest Michigan. **132 Water St., Benton Harbor, MI. Main Line: 267-925-8330**

PFLAG www.pflag.org PFLAG's mission is to build on a foundation of loving families united with LGBTQ people and allies who support one another, and to educate ourselves and our communities to speak up as advocates until all hearts and minds respect, value and affirm LGBTQ people.

PFLAG Detroit: 248-656-2875; pflagdetroit@outlook.com; Family Reunion/Detroit: 313-286-8572;
info@pflagrdetroit.org

PFLAG Clinton Township: pflag.ct@gmail.com

PFLAG Plymouth/Canton: 734-358-8280; gbelvitch910@gmail.com

PFLAG Ann Arbor: 734-741-0659; info@pflagaa.org

PFLAG Port Huron: pflagporthuron@gmail.com

PFLAG Livingston County: 517-548-1807; livingstonpflag@aol.com



PFLAG Genesee County/Flint: 810-496-8302; pflagflint@yahoo.com




PERCEPTIONS www.perceptionsmi.org Seeks to provide information, education, social events, and advocacy by and for the Queer and Ally community in the Great Lakes Bay area. P.O Box 1525 Midland Midland, MI 48641
Website: www.perceptionsmi.org Phone: 989-891-1429 Email: info@perceptionsmi.org


TRANS SISTAS OF COLOR PROJECT Works to connect transgender women of color to resources and social supports in Metro Detroit, Flint and Saginaw. Advocates for transgender women of color at both local and state levels. **Email: tsocproject@gmail.com**

COMMUNITY RESOURCES

Key:

 Helpline/Crisis Services  Physical Healthcare Services  Mental Healthcare Services

 Housing Resources/Services  Family and Children's Services  Legal Support Services

 HIV and/or STI Testing Services Community Support/Discussion

ADOPTION/FOSTER

ENNIS CENTER FOR CHILDREN

Services include: post-adoption support, counseling, behavioral intervention, mental health support programs, reintegration.

Multiple Locations

Website: www.enniscenter.org

FAMILY SERVICE & CHILDREN'S AID

Assisting with equal opportunity counseling, foster care, adoption, substance abuse treatments, and other family services.

330 W. Michigan Ave, Jackson, MI 49201

Phone: 517-787-7920 **Website:** www.strongfamilies.org

METHODIST CHILDREN'S HOME SOCIETY

Mentoring, foster care, aftercare, transitional living, therapy, and adoption services.

26645 W Six Mile Road. Redford, MI. 48240

Phone: 313-531-4060 **Email:** info@mchsmi.org **Website:** www.mschsmi.org

ORCHARD'S CHILDREN SERVICES

Provides adoption, family care, and family preservation services.

Multiple Locations

Phone: 313-531-4060 **Website:** www.orchards.org

SAMARITAS

Lutheran adoption services and family support services.

8131 E. Jefferson Ave, Detroit, MI. 48214

Phone: 313-823-770 **Email:** info@samaritas.org **Website:** www.samaritas.org

HELPLINE/CRISIS

NATIONAL SUICIDE PREVENTION LIFELINE

24/7, free, and confidential support for individuals in distress and crisis recovery resources.

Phone: 800-273-8255

Website: www.suicidepreventionlifeline.org

AMERICAN INDIAN HEALTH & FAMILY SERVICES

Integrates traditional Native American healing and spiritual practices with contemporary western medicine in both treatment and prevention in medical care, behavioral health care, community health and family wellness services.

4880 Lawndale St., Detroit, MI. 48210

Clinic Phone: 313-846-6030 **Website:** www.aihfs.org

COMMON GROUND

Crisis line, crisis residential unit for adults, victim assistance, counseling, legal clinic, and transitional youth shelter.

1200 N. Telegraph Rd., Bldg. 32E Pontiac, MI. 48341

Resource Center: 248-451-2600 **24/7 Hotline:** 800-231-1127 **Website:** www.commongroundhelps.org

FIRST STEP

Organization that works to reduce incidents of domestic and sexual violence. Provides temporary emergency housing, 24/7 crisis line, referrals, and advocacy services.

24/7 Helpline: 734-722-6800 **Email:** info@firststep-mi.org **Website:** www.firststep-mi.org

NEW OAKLAND FAMILY CENTERS YOUTH MOBILE CRISIS TEAM

Serving youth ages 0-21 experiencing crisis. Counseling/psychological care, outpatient treatment, and family support services.

Multiple Locations

24/7 Crisis Line: 877-800-1650 **Non-emergency:** 800-395-3223 **Website:** www.newoakland.org

TRANSGENDER MICHIGAN

Crisis support, advocacy, education services, and outreach for transgender and gender non-conforming communities.

Helpline(s): 855-345-8464; 800-842-2954 **Email:** info@transgendermichigan.org

Website: www.transgendermichigan.org

TURNING POINT

Provides housing, counseling, legal services, and other support services to victims of domestic violence and sexual violence.

Mailing Address: P.O. Box 1123, Mt. Clemens, MI. 48046

24/7 Crisis line: 586-463-6990 **Non-emergency:** 586-463-4430 **Website:** www.turningpointmacob.org

TRANS LIFELINE

Crisis line staff by trans-identified volunteers for transitioning or gender questions callers.

24/7 Crisis line: 877-565-8860 **Website:** www.translifeline.org

THE TREVOR PROJECT

Crisis intervention and suicide prevention hotline and text services for LGBTQ youth ages 13-24.

24/7 Crisis line: 866-488-7386 text "Trevor" to 202-304-1200 **Website:** www.trevorproject.org

HIV/STI/STD RESOURCES

ALL WELL BEING SERVICES

Provides primary care services, chronic disease management, HIV prevention, testing and treatment, mental health and substance abuse services, benefits enrollment, and senior living apartments.

1423 Field St., Detroit, MI. 48214

Phone: 313-924-7860 **Email:** awbsdetroit@gmail.com **Website:** www.awbs.org

HEALTH EMERGENCY LIFELINE PROGRAM (HELP)

HELP can provide early intervention and other services to those impacted by HIV with medical treatment, case management, insurance navigation, housing assistance along with a variety of other medical and support services.

1726 Howards St., Detroit, MI. 48216

Phone: 888-435-5655 **Email:** help@helpoffice.org **Website:** www.helpoffice.org

LINK-UP OAKLAND

A free, confidential service to help people who are living with HIV access medical care, transportation to medical providers, Insurance Enrollment, Nutritional Therapy and Counseling, Addiction Treatment, and other support services in Oakland County.

Phone: 248-858-5416 **Email:** HIVservices@oakgov.com

LOCAL HEALTH DEPARTMENT

Your local city, county, or state health department will usually provide free HIV and STI/STD testing and treatment or treatment referrals. They may also provide immunizations and other preventive medical services.

City of Detroit: 313-876-4000

Macomb County: 586- 465-8090

Oakland County: 248-424-7000

Wayne County: 734- 721-7000

Washtenaw County: 734-544-6700

MATRIX HUMAN SERVICES

Ryan White HIV/AIDS program offers testing, medical referrals, insurance assistance, mental health services and primary care. Matrix MAC Health offers intensive, individualized counseling and HIV testing, safer sex trainings and patient support. *HIV testing services available at Affirmations.*

429 Livernois, Detroit, MI. 48201 HIV Testing hours: M-F 9:30a-4:30pm

Phone: 313-305-0311 **MAC Health Phone:** 313-831-1000 **Website:** www.matrixhumanservices.org **Testing**

Phone: 888-226-6366

PLANNED PARENTHOOD

Non-profit health organization that provides HIV and STD/STI testing and treatment services, vaccines, cancer screenings, primary care, mental health care, and other medical services.

Multiple Locations

PP Michigan Phone: 1-800-230-7526 **Email:** contact@ppmi.org

Website: www.plannedparenthood.org/planned-parenthood-michigan

UNIFIED

Offers testing, case management, counseling, medical and legal support, budget planning emergency financial assistance, and medical transport. *HIV testing services available at Affirmations.*

Detroit Location: 3011 West Grand BLVD., Suite 230, Detroit, MI. 48202

Phone (Detroit): 313-446-9800 **Email:** infodetroit@miunified.org **Website:** www.miunified.org

MEDICAL

AMERICAN INDIAN HEALTH & FAMILY SERVICES

Integrates traditional Native American healing and spiritual practices with contemporary western medicine in both treatment and prevention in medical care, behavioral health care, community health and family wellness services.

4880 Lawndale St., Detroit, MI. 48210

Clinic Phone: 313-846-6030 **Website:** www.aihfs.org

BE WELL MEDICAL CENTER

Primary Medical care center specializing in family medicine, skin rejuvenation, HIV Care & testing, and pharmacy.

1964 W. 11 Mile Rd., Berkley, MI. 48027

Phone: 248-544-9300 **Website:** www.doctorbewell.com

CORKTOWN HEALTH CENTER

LGBTQ friendly primary care medical space. Includes diagnosis and treatment, behavioral health, HIV testing and treatment, cancer screening and insurance assistance.

1726 Howard St. Detroit, MI 48216

Phone: 313-832-330 **Website:** www.corktown.org

HENRY FORD TRANSGENDER HEALTH

The transgender healthworks team provides services such as hormone therapy, gender affirming surgery, PrEP and HIV treatment, voice therapy, and referrals to medical and mental health care.

Multiple Locations

Main Phone: 800-436-7936

Online Contact: <https://www.henryford.com/services/transgender-health/contact>

POWERS FAMILY MEDICINE

LGBTQ affirming primary care facility and staff.

Dr. William J. Powers, DO

23700 Orchard Lake Rd., Suite E, Farmington Hills, MI. 48336

Phone: 248-482-6222 **Email:** questions@powersfamilymedicine.com **Website:** www.powersfamilymedicine.com

RADICAL WELL BEING CENTER

Believes in the value of every individual, affirms lived experience, and recognizes the impact of stress, trauma, and oppression on people, our community, and our environment. Offers mental, spiritual, and physical well-being services.

20411 W. 12 Mile Road., Suite 101 Southfield, MI. 48076

Phone: 866-703-1901 **Website:** www.radicalwellbeingcenter.com

PLANNED PARENTHOOD

Non-profit health organization that provides HIV and STD/STI testing and treatment services, cancer screenings, vaccines, primary care, mental health care, and other medical services.

Multiple Locations

PP Michigan Phone: 1-800-230-7526 **Email:** contact@ppmi.org

Website: www.plannedparenthood.org/planned-parenthood-michigan

LEGISLATIVE/LEGAL

ACLU OF MICHIGAN

National and state-wide organization that provides legislative and legal advocacy for individuals and organizations. Advocates on issues of freedom of speech, religion, and privacy, as well as provides representation for discrimination including race, gender, and sexual orientation.

2966 Woodward Ave., Detroit, MI. 48201

Phone: 313-578-6800 **Email:** info@aclumi.org **Website:** www.aclumich.org

BASSETT LAW

Provides legal services, LGB & Transgender Law, Assisted Reproduction law.

2045 Hogback Rd, Ann Arbor, MI 48105

Phone: 734-930-9200 **Email:** reception@bassettlaw.com **Website:** www.bassettlaw.com

COMMON GROUND

Provides a free, open to the public legal clinic where Michigan residents can receive free consultations and legal referrals. Available by phone.

1200 N. Telegraph Rd., Bldg. 32E Pontiac, MI. 48341

Resource Center: 248-451-2600 **24/7 Hotline:** 800-231-1127 **Website:** www.commongroundhelps.org

DANI WOODS: DETROIT POLICE LGBTQ LIAISON OFFICER

Officer Dani Woods serves as the liaison from the Detroit Police department to the LGBTQ community.

1301 Third Avenue, Suite 7. Detroit, MI. 48226

Phone: 313-596-2520 **Email:** woods668@detroitmi.gov

EQUALITY MICHIGAN

Provides support for victims and survivors of anti-LGBTQ and HIV positive discrimination and crime.

19641 W. 7 Mile Rd., Detroit, MI. 48219

Phone: 866-962-1147 **Email:** report@equailitymi.org **Website:** www.equailitymi.org

FAIR MICHIGAN

Advocacy, outreach, and education for LGBTQ civil rights in Michigan. Can provide legal services or referrals.

645 Griswold Ave. Suite 4300, Detroit, MI. 48226

Phone: 313-556-2300 **Email:** info@fairmichigan.org **Website:** www.fairmichigan.org

MICHIGAN CRIME VICTIM SERVICES COMMISSION

The Crime Victims Compensation program can provide limited financial assistance to innocent people who are harmed by a crime in the State of Michigan who are in financial hardship.

320 South Walnut St., Lansing, MI. 48913

Phone: 517- 373-7373 **Website:** www.michigan.gov/crimevictims

NEIGHBORHOOD LEGAL SERVICES

Provides legal services, financial assistance, housing relocation, stabilization services, rental assistance, children's resources, and senior focused legal services.

7310 Woodward Ave, Suite 301., Detroit, MI. 48202

Phone: 248-764-8584 **Website:** www.nlsmichigan.org

SCHMIDT & LONG, PLLC

LGBTQ friendly law firm handling divorce, family, adoption, estate planning, business, and real estate issues. Free initial consultation.

22720 Woodward Ave, Suite 203, Ferndale, MI 48202.

Phone: 248-764-8584 **Email:** info@schmidtdandlong.com

SHELTON & DEON LAW GROUP 

LGBTQ friendly law firm handling divorce, family, adoption, estate planning, business, and real estate issues.

612 E. 4th St, Royal Oak, MI 48067

Email: mkd@sheltondeonlaw.com **Website:** www.sheltondeonlaw.com

REPRODUCTIVE HEALTH

COMPREHENSIVE WOMEN'S HEALTH 

Comprehensive obstetrical, gynecological, and contraceptive care and services.

1157 S. Adams Rd., Birmingham, MI 48009

Phone: 248-236-0840

LIVE LIGHT DOULA 

Free consultations, prenatal visits, labor & breastfeedings, postpartum assistance, and more. Doula Christie Spudoski.

Phone: 586-215-4688 **Email:** livelightdoula@gmail.com

MICHIGAN REPRODUCTIVE MEDICINE 

Personalized care for a variety of reproductive medicine services such as IVF, Egg freezing, egg/sperm donations and other services.

41000 Woodward Ave. Ste. 100 East Bloomfield Hills, MI 48043.

Phone: 248-593-6990 **Email:** info@mireproductivemedicine.com

Website: www.MiReproductiveMedicine.com

PARTRIDGE CREEK OBSTETRICS AND GYNECOLOGY 

Comprehensive obstetrical, gynecological, and contraceptive care and services.

19991 Hall Rd., Suite 105, Macomb Township, MI. 48044

Phone: 586-247-805 **Website:** www.partridgecreekobgyn.com

THE BIRTH BABIES 

Doula support for families of all backgrounds. Prenatal, labor support, and postpartum care.

Phone: 248-907-1022 **Website:** www.thebirthbabies.com

SHAWNA QUEEN 

Doula and Childbirth education providing birth, post-partum and other services.

Phone: 313-949-3311 **Website:** www.shawnaqueen.com

TOBACCO CESSATION

LGBT DETROIT 

Detroit based nonprofit that provides a variety of resources to the LGBT community including the Breaking the Cycle Tobacco Cessation program.

20025 Greenfield Rd., Detroit, MI. 48235

Phone: 313-397-2127 **Website:** www.lgbtdetroit.org

MICHIGAN TOBACCO QUITLINE

LGBTQ friendly tobacco cessation assistance helpline.

Helpline: 800-784-8669

MENTAL HEALTH

ALOE INTEGRATIVE PSYCHOLOGY GROUP

Under the supervision of Dr. Nicole Law, Calli Johnson provides low-cost or sliding-scale therapy to the LGBTQIAP+ community. Calli can work with a variety of issues including identity affirmation, trauma, anxiety, depression, adjustment, self-injury and sizeism and is knowledgeable about the fields of polyamory and kink as well.

2490 Walton Blvd, Rochester Hills, MI 48309

Phone 248-218-0622

ANTONIA CARETTO, Ph.D., PLLC

25882 Orchard Lake Rd., Suite 201, Farmington Hills, MI. 48336

Phone: 248-553-9053

BIRMINGHAM MAPLE CLINIC

Individual, relationship, and sexual therapy services available.

2075 West Big Beaver Road, Suite 520, Troy, MI 48084

Phone: 248-646-6659 **Website:** www.birminghammaple.com

CYNTHIA J. MACLEOD PsyD, PC

195 W. 9 Mile Rd., Suite 103b, Ferndale, MI. 48220

Phone: 248-497-3921

CHANGING ECHOS, LLC : MEGAN HART MA LLP, CAADC

Megan Hart is a limited licensed psychologist, certified advanced alcohol and drug counselor and owner/operator of Change Echos, LLC, outpatient psychotherapy services. She earned her Masters degree in Clinical Psychology, with concentration in Addiction Studies from the University of Detroit Mercy. Megan has substantial experience working with both children/adult treatment populations; and adheres to a trauma informed model of care.

Phone: 586-764-6838 **Website:** www.changeechos.com **Email:** meganhart@changeechos.com

FENTON & ASSOCIATES

Dr. Ronald Fenton specializes in clinical psychology, addiction psychiatry, and more. f

39949 Garfield Rd, Suite C, Clinton Township, MI. 48038

Phone: 586-286-5870

KADIMA MENTAL HEALTH SERVICES

15999 W. 12 Mile Rd, Southfield, MI 48076

Phone: 248-559-8235 **Email:** info@kadimacenter.org **Website:** www.kadimacenter.org

JAMES KARAGON, LMSW

555 Brush St #2406, Detroit, MI 48226

Phone: 313-962-4075

JOY CAVANAUGH, MA, LBSW, LPC

524 E. 4th St., Royal Oak MI. 48067

Phone: 248-546-9402

LIA JAMERSON, MA, LPC, NCC

Phone: 248-385-2320 **Email:** liajamerson@dayspringvision.org

MARIANNE CARNIAK, MS, TLLP 

Phone: 248-420-6742 **Email:** mcarniak@gmail.com

MATT SWEET, MSW, PC 

Spealizing in anxieity, depression, sexual compulsion and sex therapy, abuse recovery, HIV/AIDs, polyamorny/non-monogomy, and more.

Phone: 248-930-2137

OAKLAND MEDIATION CENTER  

Provides conflict resolution and education services that are quite affordable and quickly empower community members, families, businesses, courts and schools to resolve conflict.

550 Hulet Dr #102, Bloomfield Hills, MI 48302

Phone: 248-338-4280 **Website:** <https://mediation-omc.org/>

RADICAL WELL BEING CENTER  

Believes in the value of every individual, affirms lived experience, and recognizes the impact of stress, trauma, and oppression on people, our community, and our environment. Offers mental, spiritual, and physical well-being services.

20411 W. 12 Mile Road., Suite 101 Southfield, MI. 48076

Phone: 866-703-1901 **Website:** www.radicalwellbeingcenter.com

RESIDENTIAL RECOVERY RESOURCE CENTER  

Offers therapy group therapy, art therapy, yoga, 12 step programs as well as additional resources. 27700 Gratiot Ave, Roseville, MI 48066

Phone: 586-217-5899 **Website:** <https://www.liveritestructuredcorp.com/resources/rrrc>

SIMONE R. MARION, PhD., MHC, LLPC 

24209 Northwestern Hwy., Suite 258, Southfield, MI. 48075

Phone: 313-265-3645

TANDY JURGENSEN, LLPC, MICHIGAN REHABILITATION SERVICES 

5111 Woodward Ave, Suite 4D., Pontiac, MI. 48343

Phone: 248-972-9168

THE CENTER FOR RELATIONSHIP AND SEXUAL HEALTH 

Individual, relationship, and sexual therapy services available.

25600 Woodward Avenue, Suite 215. Royal Oak, Michigan. 48067

Phone: 248-399-7447 **Email:** OfficeMgr@crsh.com **Website:** www.CRSH.com

WELCOME INN DAY CENTER (Seasonal Dec-Mar)   

Services include meals, transportation, clothing, medical care, mental health support, rehab programs, support & recovery groups, and shelter

1717 W. 13 Mile Rd., Royal Oak, MI 48073

Main Line: 248-850-3219

Mental Health and Wellness Clinic, Wayne State University College of Education  

Services include individual mental health counseling, couples and group counseling, career counselling and art therapy.,

Website: go.wayne.edu/mhawc **Email:** mhawc@wayne.edu **Counseling and Art Therapy:** 313-557-1681

Counseling and School Psychology: 313-557-8744

PHARMACY

CROWN PHARMACY

Pharmacy that specializes in HIV and cancer drugs.

24401 Plymouth Rd., Redford, MI. 48239

Phone: 313-532-3784 **Email:** crownpharmacy1@aol.com

FERNDALE FAMILY PHARMACY

753 W. Nine Mile Rd., Ferndale, MI. 48220

Phone: 248-565-8031 **Email:** info@ferndalefamilypharmacy.com **Website:** Ferndalefamilypharmacy.org

MEDCART PHARMACY

1964 W. 11 Mile Rd. Berkley, MI

Phone: 734-762-6660 **Website:** www.medcartpharmacy.com

SRX SPECIALTY CARE PHARMACY

3412 W 13 Mile Rd. Royal Oak, MI. 48073

Phone: 248-607-3110 **Email:** info@srxcares.com **Website:** www.srxcares.com

WRIGLEY'S PHARMACY

LGBTQ friendly pharmacy. All insurances accepted.

14100 Woodward Ave., Highland Park, MI. 48203

Phone: 313-867-5000

RECOVERY/DETOX

ALCOHOLICS ANONYMOUS (AA)

AA Brownbaggers group takes place at Affirmations on Tuesdays, Wednesdays, and Fridays from 11:30 AM to 1PM and Saturdays from 1:30 PM to 3 PM.

Website: www.aa.org

CRYSTAL METH ANONYMOUS (CMA)

CMA Crystal Clean group takes place at Affirmations on Wednesdays from 6:45 PM to 7:45 PM.

Website: www.crystalmeth.org

NARCOTIC ANONYMOUS (NA) METRO DETROIT REGIONAL

NA Diversity group takes place at Affirmations on Tuesdays from 6:30 to 8 PM and the NA Regardless Of group takes place on Thursdays from 11:30 AM to 1 PM.

Local helpline operated 24/7.

Helpline: 248-543-7200; 877-338-1188 **Website:** www.michigan-na.org

Narcotics Anonymous (NA)

NA LGBTQ group that takes place at Residential Recovery Resource Center every Sunday at 5pm.

Residential Recovery Resource Center

27700 Gratiot Ave, Roseville, MI 48066

Phone: 586-217-5899 **Website:** <https://www.liveritestructuredcorp.com/resources/rrr>

WELCOME INN DAY CENTER (Seasonal Dec-Mar)



Services include meals, transportation, clothing, medical care, mental health support, rehab programs, support & recovery groups, and shelter

1717 W. 13 Mile Rd., Royal Oak, MI 48073

Main Line: 248-850-3219

DETOX CENTERS

ADVANCE RAPID DETOX

Services include 3-day detox services under sedation.

461 W. Huron St. Pontiac, MI 48341

Phone: 800-603-1813 **Email:** info@advancedrapiddetox.com **Website:** www.advancedrapiddetox.com

RAPID DRUG DETOX CENTER

Services include anesthesia-assisted opiate detoxification, Naltrexone Therapy, and lodging.

5130 Coolidge Hwy, Suite 250, Royal Oak, MI 48073

Phone: 888-825- 1020

Email: info@rapiddrugdetox.com **Website:** www.rapiddrugdetox.com

SACRED HEART

Services include detoxification, residential inpatient services, women's specialty care, and outpatient therapy.

1400 East 12 Mile Rd, Madison Heights, MI 48071

Phone: 248-658-1116

Website: www.sacredheartcenter.com

SHELTER/HOUSING

ALTERNATIVES FOR GIRLS

Services include shelter, counseling, life-skills training, outreach, walk-in center, and crisis line. Open weekdays 9 AM – 5 PM.

903 W. Grand Blvd., Detroit, MI 48208

Main Line: 313-361-4000 **Crisis Line:** 888-234-3919 **Email:** resourcecenter@alternativesforgirls.org

Resource Center: 313-461-4000, ext. 295

Resource Center Hours: Mon – Sun: 9 AM – 9:30 PM

Website: www.alternativesforgirls.org

COMMON GROUND

Services include 24/7 crisis hotline/text/chat, young adult theater groups, sexual-assault empowerment groups, loss support groups, and legal clinic.

1200 N. Telegraph Rd., Bldg. 32 E Pontiac, MI 48341

Resource Center: 248-451-2600 **Hotline:** 800-231-1127 **Website:** www.commongroundhelps.org

COMMUNITY HOUSING NETWORK

Non-profit housing resource center that provides home buying/renting workshops, financial education, and the Home Ownership Program for low-income households.

570 Kirts Blvd., Suite 231, Troy, MI 48084

Housing Resources Center: 248-269-1335 **Main Line:** 248-928-0111

Website: www.communityhousingnetwork.org

FREEDOM HOUSE (adult)

Services include free legal aid, shelter, ESL training, medical/mental health care, and job services for refugees and asylum seekers.

2630 W. Lafayette Blvd., Detroit, MI 48216

Mainline: 313-964-4320

HOPE WARMING SHELTER

Services include adult shelter offering medical, housing, and employment support. *ID, Sobriety, and Background Check NOT REQUIRED.*






249 Baldwin Ave, Pontiac, MI 48342

NEIGHBORHOOD LEGAL SERVICES  

Provides legal services, financial assistance, housing relocation, stabilization services, rental assistance, children's resources, and senior focused legal services.

7310 Woodward Ave, Suite 301., Detroit, MI. 48202

Phone: 248-764-8584 **Website:** www.nlsmichigan.org

OZONE HOUSE (Youth 13-20)     

Provides drop in services, runaway services, emergency shelter, crisis lines, counseling, job training as well as support for homeless, runaway and at-risk youth+LGBTQ.

Drop-in Center: 102 N. Hamilton, Ypsilanti, MI 48197 Youth Shelter: 1705 Washtenaw, Ann Arbor, MI 48104

Crisis Line : 734-662-2222 **Mainline:** 734-662-2265

RUTH ELLIS (youth)  

Services include residential beds, drop-in center, health and wellness center, case management, and educational/job services for homeless and at-risk LGBTQ+ youth.

77 Victor St., Highland Park, MI 48203

Drop-In Center: 313-867-6936

Residential Facility: 313-252-1950

Health and Wellness Center: 313- 365-3326

WELCOME INN DAY CENTER (Seasonal Dec-Mar)   

Services include meals, transportation, clothing, medical care, mental health support, rehab programs, support & recovery groups, and shelter

1717 W. 13 Mile Rd., Royal Oak, MI 48073

Main Line: 248-850-3219

DOMESTIC VIOLENCE SHELTERS

FIRST STEP  

Services include temporary emergency housing, 24/7 helpline, domestic violence and sexual assault advocacy, and assault response.

Helpline: 734-722-6800; 888-453-5900 **Email:** info@first-step-mi.org **Website:** www.firststep-mi.org

HAVEN   

Services include a 24-hour emergency shelter (animal friendly), counseling services, assault response teams, support groups, and Personal Protection Orders.

Phone: 877-922-1274; 248-334-1274 **Website:** www.haven-oakland.org

TURNING POINT   

Provides domestic violence centered services such as emergency shelter housing, forensic examination, Legal Aid/PPO, counseling and advocacy, and children/teen services.

24/7 Crisis Line: 586-463-6990 **Counseling:** 586-463-4430 **Website:** www.turningpointmacomb.org

TRANS SERVICES

FtM DETROIT

Community-based group for transmasculine identified people that partakes in social gatherings, support groups, and activism projects. Discussion groups held at Affirmations every second Wednesday and fourth Monday of the month.

Facebook/Twitter/Instagram: @ftmdetroit **Email:** ftmdetroit@gmail.com

GENDER-IDENTITY NETWORK ALLIANCE (GNA)

Services include social advocacy, community education, and events.

Website: www.gnausa.com

Facebook: Gender Network Alliance **Email:** michellefp@gnausa.org

HENRY FORD TRANSGENDER HEALTH



The transgender healthworks team provides services such as hormone therapy, gender affirming surgery, PrEP and HIV treatment, voice therapy, and referrals to medical and mental health care.

Multiple Locations

Phone: 800-436-7936 **Online Contact:** <https://www.henryford.com/services/transgender-health/contact>

STAND WITH TRANS

Services include support groups, transition resources, events, and ALLY hotline.

Email: roz@standwithtrans.org **Website:** www.standwithtrans.org

TRANSCEND THE BINARY



Trans focused community organization that provides peer counseling, surgery consults, therapy referrals, insurance navigation, fitness/nutrition guidance, HRT education, affirming doctor referrals, and free syringes. Peer discussion groups also available at Affirmations on Tuesdays 1PM – 6PM and Wednesdays 10AM – 2PM.

Phone: 248-533-0797

Email: info@transcendthebinary.org **Website:** www.transcendthebinary.org

TRANSGENDER MICHIGAN



Services include helpline, advocacy, and community education.

Helpline: 855-345-8464; 800-842-2954

Email: info@transgendermichigan.org **Website:** www.transgendermichigan.org

TRANS SISTAS OF COLOR PROJECT

Community group for trans women of color that provides resources, support, and advocacy services.

Email: tsocproject@gmail.com **Facebook:** Trans Sistass of Color Project – Detroit

TRANS LIFELINE



24/7 hotline staffed by Trans-identified volunteers for crisis support and transitioning /gender-questioning resources.

24/7 Crisis Line: 877-565-8860 **Website:** www.translifeline.org

UMHS COMPREHENSIVE GENDER SERVICES PROGRAM



Healthcare program run by the University of Michigan that provides primary medical care, hormone therapy, mental health care, and other transition services.

2025 Traverwood Dr., Suite A. Ann Arbor, MI. 48105

Phone: 734-998-2150 **Email:** um-cgsp@umich.edu **Website:** www.med.umich.edu/transgender

ADDITIONAL RESOURCES

DETROIT REGIONAL LGBT CHAMBER OF COMMERCE

Advocates for inclusion of all people, especially the Lesbian, Gay, Bisexual, Transgender, + Ally Business Community in South East Michigan. Our Chamber believes including diverse cultural groups creates a wealth of knowledge and robust product/service creation. Recognizing our differences can organically create innovations in enterprise. Connecting our LGBT members to a strong base of ally partners and corporate support; we provide real growth opportunities for all businesses in the region.

Website: www.detroitlgbtchamber.com

GLTB NATIONAL HELP CENTER



Hotline that refers callers to LGBTQ friendly resources in the caller's area and maintains an online data base of LGBTQ friendly resources.

Hotline: 888-843-4564 **Youth:** 800-246-7743 **Email:** help@glbthotline.org **Website:** www.glbthotline.org

METRO DETROIT GAY AND LESBIAN SOFTBALL LEAGUE LOCAL

The Metro Detroit Gay and Lesbian Softball League is celebrating its 25th season this year. Games are played in Rochester Hills every Sunday from May 2 - August 22. We offer different skill levels for all ball players, whether you are a starter or you tried out for the Detroit Tigers.

Mailing Address: P.O. Box 20215, Ferndale, MI 48220 **Administration:** 586-945-4029

Website: www.mdsl.org

PRIDE SOURCE

Michigan based LGBTQ Magazine and news organization serving the State of Michigan. Maintains an LGBTQ friendly resources phonebook. Carried at Affirmations.

Website: www.pridesource.com

RAD REMEDY



Contacts trans, gender non-conforming, intersex, and queer folks to LGBTQ affirming resources.

Phone: 414-939-4723 **Website:** www.radremedy.org

OLDER ADULT/SENIOR RESOURCES

AE HOMECARE

Provides coordinated care for senior adults including respite care, housekeeping, meal prep, personal care and companionship.

275 E. Big Beaver Rd Suite 109, Troy, MI

Main Line: 248-601-0777 **Email:** andrew.green@vidasenorresource.com

ALZHEIMER'S ASSOCIATION

Provides Family support and resources to those with dementia and alzheimer's disease.

25200 Telegraph Suite 100, Southfield, MI 48033

Main Line: 800-272-3900 **Email :** helplinegmc@alz.org **Website:** www.alz.org/gmc

AREA ON AGING 1-B

Services Oakland, Monroe, Macomb, Livingston

Services and Resources for Seniors Programs, resources and services from the AAA 1-B support older adults and help them live safely and comfortably at home

29100 Northwestern Hwy, Southfield, MI 48034

Main Line: 800-852-7795 Website: www.aaa1b.org

COMFORT KEEPERS (Oakland & Wayne Counties)

Provides coordinated services for seniors that include dementia care, respite care, housekeeping, nursing services, assisted living, mental health services and more.

Main Line: 248-957-9717 **Website:** www.comfortcarepartners.com

LAJOY GROUP/HOME HEALTHCARE

Services in Wayne, Macomb, Oakland, and Washtenaw Counties

Provides coordinated care for senior adults including respite care, housekeeping, personal care and limited transportation.

Main Line: 734-259-7626 **Email:** mkalish@lajoygroup.com **Website:** www.lajoygroup.uhc.com