Center & Community Resources

CENTER PROGRAMS

SUPPORT & DISCUSSION GROUPS
Affirmations’ Support & Discussion Groups are peer led and group driven support for any and all identities. Group names, descriptions, meeting dates and times are located on advertising materials in and around The Welcome & Resource Desk, and on our website.

Contact: John Douglas, Facilities Manager, jdouglas@goaffirmations.org

CROSS THE LINE LEADERSHIP DEVELOPMENT PROGRAM
Leadership: A 16-week program designed to empower LGBTQ+ youth ages 12-20. Leadership skills utilized from curricula focus on understanding power and privilege, LGBTQ+ 101, facilitation and presentation skills, creative advocacy approaches, mentorship, community engagement, and social risks prevention such as bullying, HIV/STI, domestic violence and sexual assault.

Workforce: A 16-week program designed to empower LGBTQ+ youth ages 12-24 with soft and hard skills necessary for successful workforce navigation. Utilizes theoretical and practical application, the program provides 4 weeks of interactive training and 10 weeks of on-the-job training.

Youth Drop-In: Every Friday and Saturday, 4 to 9 p.m., for youth ages 12-20. Open to empower youth, only trained adult such as designated interns, Adult Allies and Staff are permitted. The Drop-In provides a safe place for youth to engage their peers for networking, fun, and learning. Equipped with an XBOX 360, games, pool table, board games, WIFI, Netflix, and much more. Also features movie and game nights and youth-led discussion groups.

Contact: Justin Bettcher, jbettcher@goaffirmations.org

COUNSELING PROGRAM
We offer LGBTQ-affirming counseling services in a safe and welcoming environment for people of all cultures, ethnicities, sexual orientations, and gender identities. For individuals and couples age 18+ in Southeast Michigan.

To Apply: www.goaffirmations.org/programs-services/health-wellness

Contact: Shelly McCallister, mmccallister@goaffirmations.org

LGBTQ+ EDUCATION AND LEARNING LABS
Affirmations offers a variety of Diversity and Inclusion educational opportunities for center guests, businesses, high schools, and universities. D&I trainings are crafted to an organization’s specific needs and interests on any topic regarding LGBTQ+ identity and intersectionality. Offerings include LGBTQ+ 101, Intersectionality and Oppression, Coming Out, and Creating Safe Spaces.

Contact: Dave Garcia, Executive Director, dgarcia@goaffirmations.org

SEXUAL HEALTH TESTING
Affirmations’ Center Partners offer FREE HIV & STI testing 3-4 times a week at the Center. Free condoms, lube & health education resources are also available. Calendar available online under the Health & Wellness link and also at The Welcome & Resource Desk.

Contact: Kyle Taylor, Development and Community Relations Manager, ktaylor@goaffirmations.org
THE PITTMAN-PUCKETT GALLERY
Affirmations’ The Pittman-Puckett Gallery is an exhibition and performance space intended for the presentation of work by lesbian, gay, bisexual, transgender and allied artists. Available to established and emerging artists, especially those whose work speaks to or about the LGBTQ+ community, The Pittman-Puckett Gallery is a space for artists to exhibit and sell their work. Managed by the Aff-All Star Committee. For Information: info@goaffirmations.org

VOLUNTEER PROGRAM
Since 1989 we have remained committed to fostering community involvement through an active volunteer program. All prospective volunteers must attend Volunteer Orientation & Training and Adult Ally Training, complete the volunteer application, submit to and pass a background check and sign a Confidentiality Agreement, to be eligible for service with Affirmations.
To apply: www.goaffirmations.org/get-involved/volunteer

Volunteers can choose to be apart of the following committees:
Aff-All Star Committee
Helps to develop new and exciting programs and experiences for the entire community including theater, wine events, concerts, and gallery openings.

Aff-Advocate Committee
Works on advocacy and political issues important to the LGBTQ community.

Aff-Ally Committee
Help affirmations with important general needs including front desk, facilities and key special events like Fall Fling and Spring Bash.

PARTNER ORGANIZATIONS

OFFICES IN AFFIRMATIONS

HUMAN RIGHTS CAMPAIGN www.hrc.org The HRC is a national LGBTQ advocacy organization that works to end discrimination against LGBTQ people and realize a world that achieves fundamental fairness and equality for all.

SAGE METRO DETROIT www.sagemetrodetroit.org SAGE Metro Detroit is a local affiliate of the national Services & Advocacy for GLBT Elders SAGE, the country’s largest and oldest organization dedicated to improving the lives of lesbian, gay, bisexual, and transgender older adults. Main Line: 734-681-0854 Email: info@sagemetrodetroit.org

TRANSCEND THE BINARY www.transcendthebinary.org Provides peer counseling, surgery consults, therapist referrals, insurance navigation, fitness/nutrition, HRT education, affirming doctors, and free syringes for transgender and non-binary individuals. Appointment Line: 248-533-0797 Email: consults@transcendthebinary.org

COMMUNITY PARTNERS

LGBT DETROIT www.lgbtdetroit.org LGBT Detroit is a Detroit-based nonprofit organization whose mission is to increase awareness of and support to Detroit’s dynamic LGBT culture through education and advocacy with integrity and pride. 20025 Greenfield Rd., Detroit, MI 48235 Main Line: 313-397-2127

JIM TOY COMMUNITY CENTER www.jimtoycenter.org Exists to provide information, education, social events,
and advocacy by and for the Queer and Ally community in the Washtenaw County area. JTCC welcomes all who support its mission to participate in its activities. **319 Braun Court, Ann Arbor, MI 48104**  
**Main Line:** 734-995-9867

**JACKSON PRIDE CENTER** [www.jacksonpridecenter.org](http://www.jacksonpridecenter.org) Focuses on education and advocacy as well as providing resources to the LGBTQ population within the Jackson County area. **536 N. Jackson St, Jackson, MI**  
**Main Line:** 734-627-7570

**OUTCENTER** [www.outcenter.org](http://www.outcenter.org) Mission is to provide LGBTQ+ people and their families with the services and support they need to feel safe and comfortable in their communities, while also working with local and state-wide groups to establish respect and understanding of LGBTQ+ people and bring equality home to Southwest Michigan. **132 Water St., Benton Harbor, MI**  
**Main Line:** 267-925-8330

**PFLAG** [www.pflag.org](http://www.pflag.org) PFLAG’s mission is to build on a foundation of loving families united with LGBTQ people and allies who support one another, and to educate ourselves and our communities to speak up as advocates until all hearts and minds respect, value and affirm LGBTQ people.  
**PFLAG Detroit:** 248-656-2875; pflagdetroit@outlook.com; **Family Reunion/Detroit:** 313-286-8572; info@pflagfdetroit.org

**PFLAG Clinton Township:** pflag.ct@gmail.com

**PFLAG Plymouth/Canton:** 734-358-8280; gbelvitch910@gmail.com

**PFLAG Ann Arbor:** 734-741-0659; info@pflagaa.org

**PFLAG Port Huron:** pflagporthuron@gmail.com

**PFLAG Livingston County:** 517-548-1807; livingstonpflag@aol.com

**PFLAG Genesee County/Flint:** 810-496-8302; pflagflint@yahoo.com

**PERCEPTIONS** [www.perceptionsmi.org](http://www.perceptionsmi.org) Seeks to provide information, education, social events, and advocacy by and for the Queer and Ally community in the Great Lakes Bay area. P.O Box 1525 Midland, MI 48641  
**Website:** www.perceptionsmi.org **Phone:** 989-891-1429 **Email:** info@perceptionsmi.org

**TRANS SISTAS OF COLOR PROJECT** Works to connect transgender women of color to resources and social supports in Metro Detroit, Flint and Saginaw. Advocates for transgender women of color at both local and state levels. **Email:** tsocproject@gmail.com
COMMUNITY RESOURCES

Key:

- Helpline/Crisis Services
- Physical Healthcare Services
- Mental Healthcare Services

- Housing Resources/Services
- Family and Children’s Services
- Legal Support Services

- HIV and/or STI Testing Services
- Community Support/Discussion

ADOPITION/FOSTER

ENNIS CENTER FOR CHILDREN
Services include: post-adoption support, counseling, behavioral intervention, mental health support programs, reintegration.
Multiple Locations
Website: www.enniscenter.org

FAMILY SERVICE & CHILDREN’S AID
Assisting with equal opportunity counseling, foster care, adoption, substance abuse treatments, and other family services.
330 W. Michigan Ave, Jackson, MI 49201
Phone: 517-787-7920 Website: www.strongfamilies.org

METHODIST CHILDREN’S HOME SOCIETY
Mentoring, foster care, aftercare, transitional living, therapy, and adoption services.
26645 W Six Mile Road, Redford, MI 48240
Phone: 313-531-4060  Email: info@mchsmi.org  Website: www.mschsmi.org

ORCHARD’S CHILDREN SERVICES
Provides adoption, family care, and family preservation services.
Multiple Locations
Phone: 313-531-4060  Website: www.orchards.org

SAMARITAS
Lutheran adoption services and family support services.
8131 E. Jefferson Ave, Detroit, MI 48214
Phone: 313-823-770  Email: info@samartias.org  Website: www.samaritas.org
HELPLINE/CRISIS

NATIONAL SUICIDE PREVENTION LIFELINE 📞
24/7, free, and confidential support for individuals in distress and crisis recovery resources.
Phone: 800-273-8255
Website: www.suicidepreventionlifeline.org

AMERICAN INDIAN HEALTH & FAMILY SERVICES 📞 ⛪
Integrates traditional Native American healing and spiritual practices with contemporary western medicine in both treatment and prevention in medical care, behavioral health care, community health and family wellness services.
4880 Lawndale St., Detroit, MI. 48210
Clinic Phone: 313-846-6030 Website: www.aihfs.org

COMMON GROUND 📞 🏡
Crisis line, crisis residential unit for adults, victim assistance, counseling, legal clinic, and transitional youth shelter.
1200 N. Telegraph Rd., Bldg. 32E Pontiac, MI. 48341
Resource Center: 248-451-2600 24/7 Hotline: 800-231-1127 Website: www.commongroundhelps.org

FIRST STEP 📞 🏡
Organization that works to reduce incidents of domestic and sexual violence. Provides temporary emergency housing, 24/7 crisis line, referrals, and advocacy services.
24/7 Helpline: 734-722-6800 Email: info@firststep-mi.org Website: www.firststep-mi.org

NEW OAKLAND FAMILY CENTERS YOUTH MOBILE CRISIS TEAM 📞 🏡
Serving youth ages 0-21 experiencing crisis. Counseling/psychological care, outpatient treatment, and family support services.
Multiple Locations
24/7 Crisis Line: 877-800-1650 Non-emergency: 800-395-3223 Website: www.newoakland.org

TRANSGENDER MICHIGAN 📞
Crisis support, advocacy, education services, and outreach for transgender and gender non-conforming communities.
Helpline(s): 855-345-8464; 800-842-2954 Email: info@transgendermichigan.org Website: www.transgendermichigan.org

TURNING POINT 📞 🏡 🏡
Provides housing, counseling, legal services, and other support services to victims of domestic violence and sexual violence.
Mailing Address: P.O. Box 1123, Mt. Clemens, MI. 48046
24/7 Crisis line: 586-463-6990 Non-emergency: 586-463-4430 Website: www.turningpointmacob.org

TRANS LIFELINE 📞
Crisis line staff by trans-identified volunteers for transitioning or gender questions callers.
24/7 Crisis line: 877-565-8860 Website: www.translifeline.org

THE TREVOR PROJECT 📞
Crisis intervention and suicide prevention hotline and text services for LGBTQ youth ages 13-24.
24/7 Crisis line: 866-488-7386 text “Trevor” to 202-304-1200 Website: www.trevorproject.org
HIV/STI/STD RESOURCES

ALL WELL BEING SERVICES 🌠
Provides primary care services, chronic disease management, HIV prevention, testing and treatment, mental health and substance abuse services, benefits enrollment, and senior living apartments.

1423 Field St., Detroit, MI. 48214
Phone: 313-924-7860 Email: awbsdetroit@gmail.com Website: www.awbs.org

HEALTH EMERGENCY LIFELINE PROGRAM (HELP) 🌠
HELP can provide early intervention and other services to those impacted by HIV with medical treatment, case management, insurance navigation, housing assistance along with a variety of other medical and support services.

1726 Howards St., Detroit, MI. 48216
Phone: 888-435-5655 Email: help@helpoffice.org Website: www.helpoffice.org

LINK-UP OAKLAND 🌠
A free, confidential service to help people who are living with HIV access medical care, transportation to medical providers, Insurance Enrollment, Nutritional Therapy and Counseling, Addiction Treatment, and other support services in Oakland County.

Phone: 248-858-5416 Email: HIVservices@oakgov.com

LOCAL HEALTH DEPARTMENT 🌠
Your local city, county, or state health department will usually provide free HIV and STI/STD testing and treatment or treatment referrals. They may also provide immunizations and other preventive medical services.

City of Detroit: 313-876-4000
Macomb County: 586-465-8090
Oakland County: 248-424-7000
Wayne County: 734-721-7000
Washtenaw County: 734-544-6700

MATRIX HUMAN SERVICES 🌠
Ryan White HIV/AIDS program offers testing, medical referrals, insurance assistance, mental health services and primary care. Matrix MAC Health offers intensive, individualized counseling and HIV testing, safer sex trainings and patient support. HIV testing services available at Affirmations.

429 Livernois, Detroit, MI. 48201 HIV Testing hours: M-F 9:30a-4:30pm
Phone: 313-305-0311 MAC Health Phone: 313-831-1000 Website: www.matrixhumanservices.org Testing Phone: 888-226-6366

PLANNED PARENTHOOD 🌠
Non-profit health organization that provides HIV and STD/STI testing and treatment services, vaccines, cancer screenings, primary care, mental health care, and other medical services.

Multiple Locations
PP Michigan Phone: 1-800-230-7526 Email: contact@ppmi.org
Website: www.plannedparenthood.org/planned-parenthood-michigan

UNIFIED 🌠
Offers testing, case management, counseling, medical and legal support, budget planning emergency financial assistance, and medical transport. HIV testing services available at Affirmations.

Detroit Location: 3011 West Grand BLVD., Suite 230, Detroit, MI. 48202
Phone: 313-446-9800 Email: infodetroit@miunified.org Website: www.miunified.org
MEDICAL

AMERICAN INDIAN HEALTH & FAMILY SERVICES
Integrates traditional Native American healing and spiritual practices with contemporary western medicine in both treatment and prevention in medical care, behavioral health care, community health and family wellness services.
4880 Lawndale St., Detroit, MI. 48210
Clinic Phone: 313-846-6030 Website: www.aihfs.org

BE WELL MEDICAL CENTER
Primary Medical care center specializing in family medicine, skin rejuvenation, HIV Care & testing, and pharmacy.
1964 W. 11 Mile Rd., Berkley, MI. 48027
Phone: 248-544-9300 Website: www.doctorbwell.com

CORKTOWN HEALTH CENTER
LGBTQ friendly primary care medical space. Includes diagnosis and treatment, behavioral health, HIV testing and treatment, cancer screening and insurance assistance.
1726 Howard St. Detroit, MI 48216
Phone: 313-832-330 Website: www.corktown.org

HENRY FORD TRANSGENDER HEALTH
The transgender healthworks team provides services such as hormone therapy, gender affirming surgery, PrEP and HIV treatment, voice therapy, and referrals to medical and mental health care.
Multiple Locations
Main Phone: 800-436-7936
Online Contact: https://www.henryford.com/services/transgender-health/contact

POWERS FAMILY MEDICINE
LGBTQ affirming primary care facility and staff.
Dr. William J. Powers, DO
23700 Orchard Lake Rd., Suite E, Farmington Hills, MI. 48336
Phone: 248-482-6222 Email: questions@powersfamilymedicine.com Website:www.powersfamilymedicine.com

RADICAL WELL BEING CENTER
Believes in the value of every individual, affirms lived experience, and recognizes the impact of stress, trauma, and oppression on people, our community, and our environment. Offers mental, spiritual, and physical well-being services.
20411 W. 12 Mile Road., Suite 101 Southfield, MI. 48076
Phone: 866-703-1901 Website: www.radicalwellbeingcenter.com

PLANNED PARENTHOOD
Non-profit health organization that provides HIV and STD/STI testing and treatment services, cancer screenings, vaccines, primary care, mental health care, and other medical services.
Multiple Locations
PP Michigan Phone: 1-800-230-7526 Email: contact@ppmi.org Website: www.plannedparenthood.org/planned-parenthood-michigan
**ACLU OF MICHIGAN**
National and state-wide organization that provides legislative and legal advocacy for individuals and organizations. Advocates on issues of freedom of speech, religion, and privacy, as well as provides representation for discrimination including race, gender, and sexual orientation.

2966 Woodward Ave., Detroit, MI. 48201  
**Phone:** 313-578-6800  
**Email:** info@aclumich.org  
**Website:** www.aclumich.org

**BASSETT LAW**
Provides legal services, LGB & Transgender Law, Assisted Reproduction law.  
2045 Hogback Rd, Ann Arbor, MI 48105  
**Phone:** 734-930-9200  
**Email:** reception@bassettlaw.com  
**Website:** www.bassettlaw.com

**COMMON GROUND**
Provides a free, open to the public legal clinic where Michigan residents can receive free consultations and legal referrals. Available by phone.

1200 N. Telegraph Rd., Bldg. 32E Pontiac, MI. 48341  
**Resource Center:** 248-451-2600  
**24/7 Hotline:** 800-231-1127  
**Website:** www.commongroundhelps.org

**DANI WOODS: DETROIT POLICE LGBTQ LIAISON OFFICER**
Officer Dani Woods serves as the liaison from the Detroit Police department to the LGBTQ community.

1301 Third Avenue, Suite 7. Detroit, MI. 48226  
**Phone:** 313-596-2520  
**Email:** woodsd668@detroitmi.gov

**EQUALITY MICHIGAN**
Provides support for victims and survivors of anti-LGBTQ and HIV positive discrimination and crime.

19641 W. 7 Mile Rd., Detroit, MI. 48219  
**Phone:** 866-962-1147  
**Email:** report@equailitymi.org  
**Website:** www.equailitymi.org

**FAIR MICHIGAN**
Advocacy, outreach, and education for LGBTQ civil rights in Michigan. Can provide legal services or referrals.

645 Griswold Ave. Suite 4300, Detroit, MI. 48226  
**Phone:** 313-556-2300  
**Email:** info@fairmichigan.org  
**Website:** www.fairmichigan.org

**MICHIGAN CRIME VICTIM SERVICES COMMISSION**
The Crime Victims Compensation program can provide limited financial assistance to innocent people who are harmed by a crime in the State of Michigan who are in financial hardship.

320 South Walnut St., Lansing, MI. 48913  
**Phone:** 517- 373-7373  
**Website:** www.michigan.gov/crimevicitms

**NEIGHBORHOOD LEGAL SERVICES**
Provides legal services, financial assistance, housing relocation, stabilization services, rental assistance, children's resources, and senior focused legal services.

7310 Woodward Ave, Suite 301., Detroit, MI. 48202  
**Phone:** 248-764-8584  
**Website:** www.nlsmichigan.org

**SCHMIDT & LONG, PLCC**
LGBTQ friendly law firm handling divorce, family, adoption, estate planning, business, and real estate issues. Free initial consultation.
REPRODUCTIVE HEALTH

COMPREHENSIVE WOMEN’S HEALTH
Comprehensive obstetrical, gynecological, and contraceptive care and services.
1157 S. Adams Rd., Birmingham, MI 48009
Phone: 248-236-0840

LIVE LIGHT DOULA
Free consultations, prenatal visits, labor & breastfeeding, postpartum assistance, and more. Doula Christie Spudoski.
Phone: 586-215-4688 Email: livelightdoula@gmail.com

MICHIGAN REPRODUCTIVE MEDICINE
Personalized care for a variety of reproductive medicine services such as IVF, Egg freezing, egg/sperm donations and other services.
41000 Woodward Ave. Ste. 100 East Bloomfield Hills, MI 48043.
Phone: 248-593-6990 Email: info@mireproductivemedicine.com
Website: www.MiReproductiveMedicine.com

PARTRIDGE CREEK OBSTETRICS AND GYNECOLOGY
Comprehensive obstetrical, gynecological, and contraceptive care and services.
19991 Hall Rd., Suite 105, Macomb Township, MI 48044
Phone: 586-247-8055 Website: www.partridgecreekobgyn.com

THE BIRTH BABIES
Doula support for families of all backgrounds. Prenatal, labor support, and postpartum care.
Phone: 248-907-1022 Website: www.thebirthbabies.com

SHAWNA QUEEN
Doula and Childbirth education providing birth, post-partum and other services.
Phone: 313-949-3311 Website: www.shawanqueen.com

TOBACCO CESSATION

LGBT DETROIT
Detroit based nonprofit that provides a variety of resources to the LGBT community including the Breaking the Cycle Tobacco Cessation program.
20025 Greenfield Rd., Detroit, MI 48235
MICHIGAN TOBACCO QUITLINE
LGBTQ friendly tobacco cessation assistance helpline.
Helpline: 800-784-8669

MENTAL HEALTH

ALOE INTEGRATIVE PSYCHOLOGY GROUP
Under the supervision of Dr. Nicole Law, Calli Johnson provides low-cost or sliding-scale therapy to the LGBTQIAP+ community. Calli can work with a variety of issues including identity affirmation, trauma, anxiety, depression, adjustment, self-injury and sizeism and is knowledgeable about the fields of polyamory and kink as well.
2490 Walton Blvd, Rochester Hills, MI 48309
Phone 248-218-0622

ANTONIA CARETTO, Ph.D., PLLC
25882 Orchard Lake Rd., Suite 201. Farmington Hills, Mi. 48336
Phone: 248-553-9053

BIRMINGHAM MAPLE CLINIC
Individual, relationship, and sexual therapy services available.
2075 West Big Beaver Road, Suite 520, Troy, MI 48084
Phone: 248-646-6659 Website: www.birminghammaple.com

CYNTHIA J. MACLEOD PsyD, PC
195 W. 9 Mile Rd.,Suite 103b, Ferndale, MI. 48220
Phone: 248-497-3921

CHANGING ECHOS, LLC : MEGAN HART MA LLP, CAADC
Megan Hart is a limited licensed psychologist, certified advanced alcohol and drug counselor and owner/operator of Change Echos, LLC, outpatient psychotherapy services. She earned her Masters degree in Clinical Psychology, with concentration in Addiction Studies from the University of Detroit Mercy. Megan has substantial experience working with both children/adult treatment populations; and adheres to a trauma informed model of care.
Phone: 586-764-6838 Website: www.changeechos.com Email: meganhart@changeechos.com

FENTON & ASSOCIATES
Dr. Ronald Fenton specializes in clinical psychology, addiction psychiatry, and more.
39949 Garfield Rd, Suite C, Clinton Township, MI. 48038
Phone: 586-286-5870

KADIMA MENTAL HEALTH SERVICES
15999 W. 12 Mile Rd, Southfield, MI 48076
Phone: 248-559-8235 Email: info@kadimacenter.org Website: www.kadimacenter.org

JAMES KARAGON, LMSW
555 Brush St #2406, Detroit, MI 48226
Phone: 313-962-4075

JOY CAVANAUGH, MA, LBSW, LPC
524 E. 4th St., Royal Oak MI. 48067
Phone: 248-546-9402
LIA JAMERSON, MA, LPC, NCC  
**Phone:** 248-385-2320  
**Email:** liajameron@dayspringvision.org

MARIANNE CARNIAK, MS, TLLP  
**Phone:** 248-420-6742  
**Email:** mcarniak@gmail.com

MATT SWEET, MSW, PC  
Spealizing in anxiety, depression, sexual compulsion and sex therapy, abuse recovery, HIV/AIDs, polyamorny/non-monogomy, and more.  
**Phone:** 248-930-2137

OAKLAND MEDIATION CENTER  
Provides conflict resolution and education services that are quite affordable and quickly empower community members, families, businesses, courts and schools to resolve conflict.  
550 Hulet Dr #102, Bloomfield Hills, MI 48302  
**Phone:** 248-338-4280  
**Website:** https://mediation-omc.org/

RADICAL WELL BEING CENTER  
Believes in the value of every individual, affirms lived experience, and recognizes the impact of stress, trauma, and oppression on people, our community, and our environment. Offers mental, spiritual, and physical well-being services.  
20411 W. 12 Mile Road., Suite 101 Southfield, MI. 48076  
**Phone:** 866-703-1901  
**Website:** www.radicalwellbeingcenter.com

RESIDENTIAL RECOVERY RESOURCE CENTER  
Offers therapy group therapy, art therapy, yoga, 12 step programs as well as additional resources.  
27700 Gratiot Ave, Roseville, MI 48066  
**Phone:** 586-217-5899  
**Website:** https://www.liveritestructuredcorp.com/resources/rrrc

SIMONE R. MARION, PhD., MHC, LLPC  
24209 Northwestern Hwy., Suite 258, Southfield, MI. 48075  
**Phone:** 313-265-3645

TANDY JURGENSEN, LLPC, MICHIGAN REHABILITATION SERVICES  
5111 Woodward Ave, Suite 4D., Pontiac, MI. 48343  
**Phone:** 248-972-9168

THE CENTER FOR RELATIONSHIP AND SEXUAL HEALTH  
Individual, relationship, and sexual therapy services available.  
25600 Woodward Avenue, Suite 215. Royal Oak, Michigan. 48067  
**Phone:** 248-399-7447  
**Email:** OfficeMgr@crsh.com  
**Website:** www.CRSH.com

WELCOME INN DAY CENTER (Seasonal Dec-Mar)  
Services include meals, transportation, clothing, medical care, mental health support, rehab programs, support & recovery groups, and shelter  
1717 W. 13 Mile Rd., Royal Oak, MI 48073  
**Main Line:** 248-850-3219

Mental Health and Wellness Clinic, Wayne State University College of Education  
Services include individual mental health counseling, couples and group counseling, career counselling and art therapy.
Website: go.wayne.edu/mhawc  Email: mhawc@wayne.edu  Counseling and Art Therapy: 313-557-1681
Counseling and School Psychology: 313-557-8744

PHARMACY

CROWN PHARMACY
Pharmacy that specializes in HIV and cancer drugs.
24401 Plymouth Rd., Redford, MI. 48239
Phone: 313-532-3784  Email: crownpharmacy1@aol.com

FERNDALE FAMILY PHARMACY
753 W. Nine Mile Rd., Ferndale, MI. 48220
Phone: 248-565-8031  Email: info@ferndalefamilypharmacy.com  Website: Ferndalefamilypharmacy.org

MEDCART PHARMACY
1964 W. 11 Mile Rd. Berkley, MI
Phone: 734-762-6660  Website: www.medcartpharmacy.com

SRX SPECIALTY CARE PHARMACY
3412 W 13 Mile Rd. Royal Oak, MI. 48073
Phone: 248-607-3110  Email: info@srxcares.com  Website: www.srxcares.com

WRIGLEY’S PHARMACY
LGBTQ friendly pharmacy. All insurances accepted.
14100 Woodward Ave., Highland Park, MI. 48203
Phone: 313-867-5000

RECOVERY/DETOX

ALCOHOLICS ANONYMOUS (AA)
AA Brownbaggers group takes place at Affirmations on Tuesdays, Wednesdays, and Fridays from 11:30 AM to 1PM and Saturdays from 1:30 PM to 3 PM.
Website: www.aa.org

CRYSTAL METH ANONYMOUS (CMA)
CMA Crystal Clean group takes place at Affirmations on Wednesdays from 6:45 PM to 7:45 PM.
Website: www.crystalmeth.org

NARCOTIC ANONYMOUS (NA) METRO DETROIT REGIONAL
NA Diversity group takes place at Affirmations on Tuesdays from 6:30 to 8 PM and the NA Regardless Of group takes place on Thursdays from 11:30 AM to 1 PM.
Local helpline operated 24/7.
Helpline: 248-543-7200; 877-338-1188  Website: www.michigan-na.org

Narcotics Anonymous (NA)
NA LGBTQ group that takes place at Residential Recovery Resource Center every Sunday at 5pm.
Residential Recovery Resource Center
27700 Gratiot Ave, Roseville, MI 48066
Phone: 586-217-5899  Website: https://www.liveritestructuredcorp.com/resources/rrr

WELCOME INN DAY CENTER (Seasonal Dec-Mar)
Services include meals, transportation, clothing, medical care, mental health support, rehab programs, support & recovery groups, and shelter

1717 W. 13 Mile Rd., Royal Oak, MI 48073
Main Line: 248-850-3219

DETOX CENTERS

ADVANCE RAPID DETOX
Services include 3-day detox services under sedation.
461 W. Huron St. Pontiac, MI 48341
Phone: 800-603-1813 Email: info@advancedrapiddetox.com Website: www.advancedrapiddetox.com

RAPID DRUG DETOX CENTER
Services include anesthesia-assisted opiate detoxification, Naltrexone Therapy, and lodging.
5130 Coolidge Hwy, Suite 250, Royal Oak, MI 48073
Phone: 888-825-1020
Email: info@rapidrugdetox.com Website: www.rapiddrugdetox.com

SACRED HEART
Services include detoxification, residential inpatient services, women’s specialty care, and outpatient therapy.
1400 East 12 Mile Rd, Madison Heights, MI 48071
Phone: 248-658-1116
Website: www.sacredheartcenter.com

SHELTER/HOUSING

ALTERNATIVES FOR GIRLS
Services include shelter, counseling, life-skills training, outreach, walk-in center, and crisis line. Open weekdays 9 AM – 5 PM.
903 W. Grand Blvd., Detroit, MI 48208
Main Line: 313-361-4000 Crisis Line: 888-234-3919 Email: resourcecenter@alternativesforgirls.org
Resource Center: 313-461-4000, ext. 295
Resource Center Hours: Mon – Sun: 9 AM – 9:30 PM
Website: www.alternativesforgirls.org

COMMON GROUND
Services include 24/7 crisis hotline/text/chat, young adult theater groups, sexual-assault empowerment groups, loss support groups, and legal clinic.
1200 N. Telegraph Rd., Bldg. 32 E Pontiac, MI 48341

COMMUNITY HOUSING NETWORK
Non-profit housing resource center that provides home buying/renting workshops, financial education, and the Home Ownership Program for low-income households.
570 Kirts Blvd., Suite 231, Troy, MI 48084
Housing Resources Center: 248-269-1335 Main Line: 248-928-0111
Website: www.communityhousingnetwork.org

FREEDOM HOUSE (adult)
Services include free legal aid, shelter, ESL training, medical/mental health care, and job services for refugees and asylum seekers.
2630 W. Lafayette Blvd., Detroit, MI 48216
**HOPE WARMING SHELTER**
Services include adult shelter offering medical, housing, and employment support. **ID, Sobriety, and Background Check NOT REQUIRED.**
249 Baldwin Ave, Pontiac, MI 48342

**NEIGHBORHOOD LEGAL SERVICES**
Provides legal services, financial assistance, housing relocation, stabilization services, rental assistance, children’s resources, and senior focused legal services.
7310 Woodward Ave, Suite 301., Detroit, MI. 48202
Phone: 248-764-8584 Website: [www.nlsmichigan.org](http://www.nlsmichigan.org)

**OZONE HOUSE (Youth 13-20)**
Provides drop in services, runaway services, emergency shelter, crisis lines, counseling, job training as well as support for homeless, runaway and at-risk youth+LGBTQ.
Ded-in Center: 102 N. Hamilton, Ypsilanti, MI 48197  Youth Shelter: 1705 Washtenaw, Ann Arbor, MI 48104
Crisis Line: 734-662-2222 Mainline: 734-662-2265

**RUTH ELLIS (youth)**
Services include residential beds, drop-in center, health and wellness center, case management, and educational/job services for homeless and at-risk LGBTQ+ youth.
77 Victor St., Highland Park, MI 48203
Drop-in Center: 313-867-6936
Residential Facility: 313-252-1950
Health and Wellness Center: 313-365-3326

**WELCOME INN DAY CENTER (Seasonal Dec-Mar)**
Services include meals, transportation, clothing, medical care, mental health support, rehab programs, support & recovery groups, and shelter
1717 W. 13 Mile Rd., Royal Oak, MI 48073
Main Line: 248-850-3219

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**DOMESTIC VIOLENCE SHELTERS**

**FIRST STEP**
Services include temporary emergency housing, 24/7 helpline, domestic violence and sexual assault advocacy, and assault response.
Helpline: 734-722-6800; 888-453-5900 Email: info@first-step-mi.org Website: [www.firststep-mi.org](http://www.firststep-mi.org)

**HAVEN**
Services include a 24-hour emergency shelter (animal friendly), counseling services, assault response teams, support groups, and Personal Protection Orders.
Phone: 877-922-1274; 248-334-1274 Website: [www.haven-oakland.org](http://www.haven-oakland.org)

**TURNING POINT**
Provides domestic violence centered services such as emergency shelter housing, forensic examination, Legal Aid/PPO, counseling and advocacy, and children/teen services.
24/7 Crisis Line: 586-463-6990  Counseling: 586-463-4430 Website: [www.turningpointmacomb.org](http://www.turningpointmacomb.org)
TRANS SERVICES

**FtM DETROIT**
Community-based group for transmasculine identified people that partakes in social gatherings, support groups, and activism projects. Discussion groups held at Affirmations every second Wednesday and fourth Monday of the month.

**Facebook/Twitter/Instagram:** @ftmdetroit  
**Email:** ftmdetroit@gmail.com

**GENDER-IDENTITY NETWORK ALLIANCE (GNA)**
Services include social advocacy, community education, and events.

**Website:** www.gnausa.com  
**Facebook:** Gender Network Alliance  
**Email:** michellefp@gnausa.org

**HENRY FORD TRANSGENDER HEALTH**
The transgender healthworks team provides services such as hormone therapy, gender affirming surgery, PrEP and HIV treatment, voice therapy, and referrals to medical and mental health care.

**Multiple Locations**  
**Phone:** 800-436-7936  
**Online Contact:** https://www.henryford.com/services/transgender-health/contact

**STAND WITH TRANS**
Services include support groups, transition resources, events, and ALLY hotline.

**Email:** roz@standwithtrans.org  
**Website:** www.standwithtrans.org

**TRANSCEND THE BINARY**
Trans focused community organization that provides peer counseling, surgery consults, therapy referrals, insurance navigation, fitness/nutrition guidance, HRT education, affirming doctor referrals, and free syringes. Peer discussion groups also available at Affirmations on Tuesdays 1PM – 6PM and Wednesdays 10AM – 2PM.

**Phone:** 248-533-0797  
**Email:** info@transcendthebinary.org  
**Website:** www.transcendthebinary.org

**TRANSGENDER MICHIGAN**
Services include helpline, advocacy, and community education.

**Helpline:** 855-345-8464; 800-842-2954  
**Email:** info@transgendermichigan.org  
**Website:** www.transgendermichigan.org

**TRANS SISTAS OF COLOR PROJECT**
Community group for trans women of color that provides resources, support, and advocacy services.

**Email:** tsocproject@gmail.com  
**Facebook:** Trans Sistas of Color Project – Detroit

**TRANS LIFELINE**
24/7 hotline staffed by Trans-identified volunteers for crisis support and transitioning /gender-questioning resources.

**24/7 Crisis Line:** 877-565-8860  
**Website:** www.translifeline.org

**UMHS COMPREHENSIVE GENDER SERVICES PROGRAM**
Healthcare program run by the University of Michigan that provides primary medical care, hormone therapy, mental health care, and other transition services.

**2025 Traverwood Dr., Suite A. Ann Arbor, MI. 48105**  
**Phone:** 734-998-2150  
**Email:** um-cgsp@umich.edu  
**Website:** www.med.umich.edu/transgender
ADDITIONAL RESOURCES

DETROIT REGIONAL LGBT CHAMBER OF COMMERCE
Advocates for inclusion of all people, especially the Lesbian, Gay, Bisexual, Transgender, + Ally Business Community in South East Michigan. Our Chamber believes including diverse cultural groups creates a wealth of knowledge and robust product/service creation. Recognizing our differences can organically create innovations in enterprise. Connecting our LGBT members to a strong base of ally partners and corporate support; we provide real growth opportunities for all businesses in the region.
Website: www.detroitlgbtchamber.com

GLTB NATIONAL HELP CENTER
Hotline that refers callers to LGBTQ friendly resources in the caller’s area and maintains an online database of LGBTQ friendly resources.
Hotline: 888-843-4564 Youth: 800-246-7743 Email: help@glbthotline.org Website: www.glbthotline.org

METRO DETROIT GAY AND LESBIAN SOFTBALL LEAGUE LOCAL
The Metro Detroit Gay and Lesbian Softball League is celebrating its 25th season this year. Games are played in Rochester Hills every Sunday from May 2 - August 22. We offer different skill levels for all ball players, whether you are a starter or you tried out for the Detroit Tigers.
Mailing Address: P.O. Box 20215, Ferndale, MI 48220 Administration: 586-945-4029
Website: www.mdsl.org

PRIDE SOURCE
Website: www.pridesource.com

RAD REMEDY
Contacts trans, gender non-conforming, intersex, and queer folks to LGBTQ affirming resources.
Phone: 414-939-4723 Website: www.radremedy.org
OLDER ADULT/SENIOR RESOURCES

AE HOMECARE
Provides coordinated care for senior adults including respite care, housekeeping, meal prep, personal care and companionship.
275 E. Big Beaver Rd Suite 109, Troy, MI
Main Line: 248-601-0777 Email: andrew.green@vidaseniorresource.com

ALZHEIMER'S ASSOCIATION
Provides Family support and resources to those with dementia and alzheimer's disease.
25200 Telegraph Suite 100, Southfield, MI 48033
Main Line: 800-272-3900 Email: helplinegmc@alz.org Website: www.alz.org/gmc

AREA ON AGING 1-B
Services Oakland, Monroe, Macomb, Livingston
Services and Resources for Seniors Programs, resources and services from the AAA 1-B support older adults and help them live safely and comfortably at home
29100 Northwestern Hwy, Southfield, MI 48034
Main Line: 800-852-7795 Website: www.aaa1b.org

COMFORT KEEPERS (Oakland & Wayne Counties)
Provides coordinated services for seniors that include dementia care, respite care, housekeeping, nursing services, assisted living, mental health services and more.
Main Line: 248-957-9717 Website: www.comfortcarepartners.com

LAJOY GROUP/HOME HEALTHCARE
Services in Wayne, Macomb, Oakland, and Washtenaw Counties
Provides coordinated care for senior adults including respite care, housekeeping, personal care and limited transportation.
Main Line: 734-259-7626 Email: mkalish@lajoygroup.com Website: www.lajoygroup.uhc.com