

BEHAVIORAL HEALTH PROVIDERS

Prospective Clients for the program can select from the following roster of therapists and student interns to choose someone who will be the best fit for them. For questions regarding Behavioral Health at Affirmations, please contact Zoe Steinfield at zsteinfield@goaffirmations.org.

Charla Davis, MSW Candidate (she/her)

Hey! My name is Charla Davis and I am pursuing my Master's in Social Work at Wayne State University. I am excited for the opportunity to offer supervised therapy at Affirmations. My work history includes art, advocacy, education and mental health service facilitation; it is my hope to synergize these experiences along with my current studies into my therapeutic practice. In my free time I co-facilitate the LGBT POC group at Affirmations, play video games, work out under extreme duress, and watch cartoons with my cat.



Naheim Rida, LLMSW (he/him)

Naheim graduated with his Master of Social Work from the University of Michigan and specialized in offering affirming services for members of the LGBTQIA2S+ community in the field of mental health. Naheim hopes to offer a safe space for you to share your authentic self and to support you in your wellness goals. Naheim takes a holistic and narrative approach to therapy, using multiple modalities including Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, and Motivational Interviewing. In his free time, Naheim enjoys watching films, drawing, journaling, and caring for plants.



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Avenn Benton, MSW Candidate (she/her)

I am a graduate student in my last year at Wayne State University. When I am not working or in school, I like to spend time catching up with my friends and family. Some of my favorite hobbies include re-watching Greys Anatomy, playing Sims 4, and reading from my forever growing pile of unread books.



Tina Zerilli, MSW Candidate (he/they)

Hello, my name is Tina Zerilli. My pronouns are he/they. Currently, I am a student at Wayne State University and doing my Masters in Social Work. I am currently an intern at Affirmations in their counseling program. I am also involved as the Vice President in a student organization at Wayne State called the Social Work Queer Alliance. The organization is committed to working towards creating an accepting and supportive community for all people through education, advocacy, and social action.



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Sara Krahel, LMSW (she/her)

Sara is receiving her Masters of Social Work from Tulane University. After graduating in December 2021, Sara hopes to become a therapist who works with LGBTQ+ and disabled folks since she is a part of both communities and wants to become the person she did not see when growing up. Outside of her studies, Sara loves to read all kinds of genres, laugh with her friends, and bake with sourdough!



Zoe Russick Steinfield, LMSW, CAADC (she/her)

Zoe graduated from the University of Michigan School of Social Work in 2016 and she is both a Licensed Master of Social Work and a Certified Advanced Alcohol and Drug Counselor. She is also an honoree of the 2019 Fourth Annual Lansing City Pulse LGBTQ+ Inclusion Awards. Prior to receiving her MSW, she served the LGBTQ+ community as a youth group facilitator, a peer mentor, and a civil rights organizer.



***PLEASE NOTE ZOE IS NOT CURRENTLY
TAKING ON NEW CLIENTS AT THIS TIME.**