



All Are Welcome.

# Center & Community Resources

## CENTER PROGRAMS

### SUPPORT & DISCUSSION GROUPS

Affirmations' Support & Discussion Groups are peer led and group driven support for any and all identities. Group names, descriptions, meeting dates and times are located on advertising materials in and around The Welcome & Resource Desk, and on our website.

**Contact:** Kathleen Redmon, Director of Programs, [kredmon@goaffirmations.org](mailto:kredmon@goaffirmations.org)

### YOUTH LEADERSHIP AND DEVELOPMENT PROGRAM AND DISCORD

**Leadership and Development:** Sponsored by Flagstar Foundation, DeRoy, FCA Foundation, Ford Motor Company, General Motors, and the Walters Family Foundation, this is a 16-week, curriculum-based program that molds LGBTQ+ Youth, ages 12-22, into leaders by providing them with career development skills and advocacy tools. Topics include resume writing, interview skills, race and racism, mental health, self-care, safer sex, risk reduction, and much more.

**Carl Ripberger Youth Drop-In Center:** A safe space for youth ages 13-18 to engage their peers in networking, fun, and learning. The Youth Drop-In is open Fridays and Saturdays from 4-9 pm and is staffed by adult allies (volunteers). The Drop-In Center is equipped with an Xbox One, board games, foosball, Netflix, Disney+, and much more. **\*Closed due to COVID-19**

**Discord Channel:** To replace the current absence of our on-site Youth Drop-In, Affirmations set up a DISCORD server. The Friday & Saturday 4-9 PM in-person option was replaced by this 24/7 access counterpart, for the duration of COVID restrictions. The youth are able to connect and express themselves in different themed "chat rooms" within our private server. This is offered to our youth ages 12-18 and is monitored by Affirmations' staff and adult volunteers. For an invitation, please email Justin Bettcher at [jbettcher@goaffirmations.org](mailto:jbettcher@goaffirmations.org) for information.

**Contact:** Justin Bettcher, [jbettcher@goaffirmations.org](mailto:jbettcher@goaffirmations.org)

### COUNSELING PROGRAM

We offer LGBTQ-affirming counseling services in a safe and welcoming environment for people of all cultures, ethnicities, sexual orientations, and gender identities. For individuals and couples age 18+ in Southeast Michigan. **To Apply:** [www.goaffirmations.org/health-and-wellness/](http://www.goaffirmations.org/health-and-wellness/)

**Contact:** Zoe Russick Steinfield, [zsteinfield@goaffirmations.org](mailto:zsteinfield@goaffirmations.org)

### LGBTQ+ EDUCATION AND LEARNING LABS

Affirmations offers a variety of Diversity and Inclusion educational opportunities for center guests, businesses, high schools, and universities. D&I trainings are crafted to an organization's specific needs and interests on any topic regarding LGBTQ+ identity and intersectionality. Offerings include LGBTQ+ 101, Intersectionality and Oppression, Coming Out, and Creating Safe Spaces.

**Contact:** Kathleen Remond, Director of Programs, [kredmon@goaffirmations.org](mailto:kredmon@goaffirmations.org)

## SEXUAL HEALTH TESTING

Affirmations' Center Partners offer FREE HIV & STI testing at the Center. Free condoms, lube & health education resources are also available. Calendar available online under the Health & Wellness services.

**Contact:** Kathleen Remond, Director of Programs, [kredmon@goaffirmations.org](mailto:kredmon@goaffirmations.org)

## THE PITTMAN-PUCKETT GALLERY

Affirmations' The Pittman-Puckett Gallery is an exhibition and performance space intended for the presentation of work by lesbian, gay, bisexual, transgender and allied artists. Available to established and emerging artists, especially those whose work speaks to or about the LGBTQ+ community, The Pittman-Puckett Gallery is a space for artists to exhibit and sell their work. **For Information:** [info@goaffirmations.org](mailto:info@goaffirmations.org)

## VOLUNTEER PROGRAM

Since 1989 we have remained committed to fostering community involvement through an active volunteer program. All prospective volunteers must attend Volunteer Orientation & Training and Adult Ally Training, complete the volunteer application, submit to and pass a background check and sign a Confidentiality Agreement, to be eligible for service with Affirmations.

**To apply:** [www.goaffirmations.org/volunteer](http://www.goaffirmations.org/volunteer)

## PARTNER ORGANIZATIONS

### OFFICES IN AFFIRMATIONS

**HUMAN RIGHTS CAMPAIGN** [www.hrc.org](http://www.hrc.org) The HRC is a national LGBTQ advocacy organization that works to end discrimination against LGBTQ people and realize a world that achieves fundamental fairness and equality for all.

**SAGE METRO DETROIT** [www.sagemetrodetroit.org](http://www.sagemetrodetroit.org) SAGE Metro Detroit is a local affiliate of the national Services & Advocacy for GLBT Elders SAGE, the country's largest and oldest organization dedicated to improving the lives of lesbian, gay, bisexual, and transgender older adults. **Main Line: 734-681-0854 Email:** [info@sagemetrodetroit.org](mailto:info@sagemetrodetroit.org)

**TRANSCEND THE BINARY** [www.transcendthebinary.org](http://www.transcendthebinary.org) Provides peer counseling, surgery consults, therapist referrals, insurance navigation, fitness/nutrition, HRT education, affirming doctors, and free syringes for transgender and non-binary individuals. **Appointment Line: 248-533-0797 Email:** [consults@transcendthebinary.org](mailto:consults@transcendthebinary.org)

## COMMUNITY PARTNERS

**LGBT DETROIT** [www.lgbtdetroit.org](http://www.lgbtdetroit.org) LGBT Detroit is a Detroit-based nonprofit organization whose mission is to increase awareness of and support for Detroit's dynamic LGBT culture through education and advocacy with integrity and pride. **20025 Greenfield Rd., Detroit, MI 48235 Main Line: 313-397-2127**

**Great Lakes Bay Pride (formerly Perceptions)** [www.greatlakesbaypride.org](http://www.greatlakesbaypride.org) Seeks to provide information, education, social events, and advocacy by and for the Queer and Ally community in the Great Lakes Bay area. P.O Box 1525 Midland Midland, MI 48641

**Website:** [www.greatlakesbaypride.org](http://www.greatlakesbaypride.org) **Phone:** 989-891-1429 **Email:** [info@greatlakesbaypride.org](mailto:info@greatlakesbaypride.org)

**JIM TOY COMMUNITY CENTER** [www.jimtoycenter.org](http://www.jimtoycenter.org) Exists to provide information, education, social events, and advocacy by and for the Queer and Ally community in the Washtenaw County area. JTCC welcomes all who support its mission to participate in its activities. **319 Braun Court, Ann Arbor, MI 48104**

**Main Line: 734-995-9867**

**JACKSON PRIDE CENTER** [www.jacksonpridecenter.org](http://www.jacksonpridecenter.org) Focuses on education and advocacy as well as providing resources to the LGBTQ population within the Jackson County area. **536 N. Jackson St, Jackson, MI 49201**

**Main Line: 734-627-7570**

**OUTCENTER** [www.outcenter.org](http://www.outcenter.org) Mission is to provide LGBTQ+ people and their families with the services and support they need to feel safe and comfortable in their communities, while also working with local and state-wide groups to establish respect and understanding of LGBTQ+ people and bring equality home to Southwest Michigan. **132 Water St., Benton Harbor, MI 49022. Main Line: 269-934-5633**

**PFLAG** [www.pflag.org](http://www.pflag.org) PFLAG's mission is to build on a foundation of loving families united with LGBTQ people and allies who support one another, and to educate ourselves and our communities to speak up as advocates until all hearts and minds respect, value and affirm LGBTQ people.

**PFLAG Detroit: 248-656-2875; [pflagdetroit@outlook.com](mailto:pflagdetroit@outlook.com); Family Reunion/Detroit: 313-286-8572; [info@pflagfrdetroit.org](mailto:info@pflagfrdetroit.org)**

**PFLAG Clinton Township: [pflag.ct@gmail.com](mailto:pflag.ct@gmail.com)**

**PFLAG Plymouth/Canton: 734-358-8280; [gbelvitch910@gmail.com](mailto:gbelvitch910@gmail.com)**

**PFLAG Ann Arbor: 734-741-0659; [info@pflagaa.org](mailto:info@pflagaa.org)**

**PFLAG Port Huron: [pflagporthuron@gmail.com](mailto:pflagporthuron@gmail.com)**

**PFLAG Livingston County: 517-548-1807; [livingstonpflag@aol.com](mailto:livingstonpflag@aol.com)**

**PFLAG Genesee County/Flint: 810-496-8302; [pflagflint@yahoo.com](mailto:pflagflint@yahoo.com)**

**TRANS SISTAS OF COLOR PROJECT** Works to connect transgender women of color to resources and social supports in Metro Detroit, Flint and Saginaw. Advocates for transgender women of color at both local and state levels. **Email: [tsocproject@gmail.com](mailto:tsocproject@gmail.com)**

# COMMUNITY RESOURCES

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## Key:

-  Helpline/Crisis Services    Physical Healthcare Services    Mental Healthcare Services
-  Housing Resources/Services    Family and Children's Services    Legal Support Services
-  HIV and/or STI Testing Services    Community Support/Discussion
-  Operational During COVID-19 Safety Protocols
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## ADOPTION/FOSTER

### ENNIS CENTER FOR CHILDREN

Services include: post-adoption support, counseling, behavioral intervention, mental health support programs, reintegration. Open by appointment only.

#### Multiple Locations

**Website:** [www.enniscenter.org](http://www.enniscenter.org)

### FAMILY SERVICE & CHILDREN'S AID

Assisting with equal opportunity counseling, foster care, adoption, substance abuse treatments, and other family services. Also offers to see clients virtually and have contact by phone.

**330 W. Michigan Ave, Jackson, MI 49201**

**Phone:** 517-787-7920 **Website:** <https://strong-families.org/>

### METHODIST CHILDREN'S HOME SOCIETY

Mentoring, foster care, aftercare, transitional living, therapy, and adoption services.

**26645 W Six Mile Road. Redford, MI. 48240**

**Phone:** 313-531-4060 **Email:** [info@mchsmi.org](mailto:info@mchsmi.org) **Website:** <https://mchsmi.org/>

### ORCHARD'S CHILDREN SERVICES

Provides adoption, family care, and family preservation services. Utilizes alternatives to face-to-face contact.

#### Multiple Locations

**Phone:** 313-531-4060 **Website:** [www.orchards.org](http://www.orchards.org)

### SAMARITAS

Lutheran adoption services and family support services. Alternative means of remote communication, such as

digital, phone, or video.

**8131 E. Jefferson Ave, Detroit, MI. 48214**

**Phone:** 313-823-770 **Email:** [info@samartias.org](mailto:info@samartias.org) **Website:** [www.samaritas.org](http://www.samaritas.org)

## HELPLINE/CRISIS

### NATIONAL SUICIDE PREVENTION LIFELINE

24/7, free, and confidential support for individuals in distress and crisis recovery resources.

**Phone:** 800-273-8255

**Website:** [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

### AMERICAN INDIAN HEALTH & FAMILY SERVICES

Integrates traditional Native American healing and spiritual practices with contemporary western medicine in both treatment and prevention in medical care, behavioral health care, community health and family wellness services. Offering COVID-19 testing Mon-Friday 8:30 am - 1 pm by appointment only. Offering COVID-19 phone triage & Information. Behavioral health services are currently done through telehealth sessions.

**4880 Lawndale St., Detroit, MI. 48210**

**Clinic Phone:** 313-846-6030 **Website:** [www.aihfs.org](http://www.aihfs.org)

### COMMON GROUND

Crisis line, crisis residential unit for adults, victim assistance, and transitional youth shelter.

**1200 N. Telegraph Rd., Bldg. 32E Pontiac, MI. 48341**

**Resource Center:** 248-451-2600 **24/7 Hotline:** 800-231-1127 **Website:** [www.commongroundhelps.org](http://www.commongroundhelps.org)

### FIRST STEP

Organization that works to reduce incidents of domestic and sexual violence. Provides temporary emergency housing, 24/7 crisis line, referrals, and advocacy services. Many services are available through video or phone.

**24/7 Helpline:** 734-722-6800 **Email:** [info@firststep-mi.org](mailto:info@firststep-mi.org) **Website:** [www.firststep-mi.org](http://www.firststep-mi.org)

### NEW OAKLAND FAMILY CENTERS YOUTH MOBILE CRISIS TEAM

Serving youth ages 0-21 experiencing crisis. Counseling/psychological care, outpatient treatment, and family support services. Currently does not travel, crisis intervention is remote / telehealth.

**Multiple Locations**

**24/7 Crisis Line:** 877-800-1650 **Non-emergency:** 800-395-3223 **Website:** [www.newoakland.org](http://www.newoakland.org)

### TRANSGENDER MICHIGAN

Crisis support, advocacy, education services, and outreach for transgender and gender non-conforming communities.

**Helpline(s):** 855-345-8464; (fax) 800-842-2954 **Email:** [info@transgendermichigan.org](mailto:info@transgendermichigan.org)

**Website:** [www.transgendermichigan.org](http://www.transgendermichigan.org)

### TRANS LIFELINE

Crisis line staff by trans-identified volunteers for transitioning or gender questioning callers.

**24/7 Crisis line:** 877-565-8860 **Website:** [www.translifeline.org](http://www.translifeline.org)

## THE TREVOR PROJECT

Crisis intervention and suicide prevention hotline and text services for LGBTQ youth ages 13-24.

**24/7 Crisis line:** 866-488-7386 text “Trevor” to 202-304-1200 **Website:** [www.trevorproject.org](http://www.trevorproject.org)

## TURNING POINT

Provides emergency shelter, remote counseling, legal services, and other support services to victims of domestic violence and sexual violence.

**Mailing Address:** P.O. Box 1123, Mt. Clemens, MI. 48046

**24/7 Crisis line:** 586-463-6990 **Non-emergency:** 586-463-4430 **Website:** [www.turningpointmacomb.org](http://www.turningpointmacomb.org)

## HIV/STI/STD RESOURCES

### ALL WELL BEING SERVICES

Provides primary care services, chronic disease management, HIV prevention, testing and treatment, mental health and substance abuse services, benefits enrollment, and senior living apartments. Sight or telehealth intake. Clinic hours of operation have changed to Tuesday and Thursday 9:00 am to 1:00 pm.

**1423 Field St., Detroit, MI. 48214**

**Phone:** 313-924-7860 **Email:** [awbsdetroit@gmail.com](mailto:awbsdetroit@gmail.com) **Website:** [www.awbs.org](http://www.awbs.org)

### HEALTH EMERGENCY LIFELINE PROGRAM (HELP)

HELP can provide early intervention and other services to those impacted by HIV with medical treatment, case management, insurance navigation, housing assistance along with a variety of other medical and support services. Clinic hours 8:30 am – 5 pm, Monday – Friday. Telehealth Visits after 5 PM Tuesdays and Thursdays by Appointment.

**1726 Howards St., Detroit, MI. 48216**

**Phone:** 888-435-5655 **Email:** [help@helpoffice.org](mailto:help@helpoffice.org) **Website:** [www.helpoffice.org](http://www.helpoffice.org)

### LINK-UP OAKLAND

A free, confidential service to help people who are living with HIV access medical care, transportation to medical providers, Insurance Enrollment, Nutritional Therapy and Counseling, Addiction Treatment, and other support services in Oakland County. Tele-visit services available. Clinic services currently by appointment only, call 248-858-1302.

**Phone:** 248-858-5416 **Email:** [HIVservices@oakgov.com](mailto:HIVservices@oakgov.com)

### LOCAL HEALTH DEPARTMENT

Your local city, county, or state health department will usually provide free HIV and STI/STD testing and treatment or treatment referrals. They may also provide immunizations and other preventive medical services.

**City of Detroit:** 313-876-4000

**Macomb County:** 586- 465-8090

**Oakland County:** 248-424-7000

**Wayne County:** 734- 721-7000

**Washtenaw County:** 734-544-6700

### MATRIX HUMAN SERVICES

Ryan White HIV/AIDS program offers testing, medical referrals, insurance assistance, mental health services and primary care. Matrix MAC Health offers intensive, individualized counseling and HIV testing, safer sex trainings and patient support. *HIV testing services available at Affirmations.* Intakes are done via phone. Virtual support.

**429 Livernois, Detroit, MI. 48201 HIV Testing hours: M-F 9:30a-4:30pm**

**Phone:** 313-305-0311 **MAC Health Phone:** 313-831-1000 **Website:** [www.matrixhumanservices.org](http://www.matrixhumanservices.org) **Testing Phone:**

888-226-6366

## PLANNED PARENTHOOD

Non-profit health organization that provides HIV and STD/STI testing and treatment services, vaccines, cancer screenings, primary care, mental health care, and other medical services. Telehealth virtual health care appointments available. Home service delivery, such as birth control, emergency contraception, and UTI treatment with Planned Parenthood Direct smartphone app.

### Multiple Locations

**PP Michigan Phone:** 1-800-230-7526 **Email:** [contact@ppmi.org](mailto:contact@ppmi.org)

**Website:** [www.plannedparenthood.org/planned-parenthood-michigan](http://www.plannedparenthood.org/planned-parenthood-michigan)

## UNIFIED

Offers testing, case management, counseling, medical and legal support, budget planning, emergency financial assistance, and medical transport. *HIV testing services available at Affirmations.* Some services are operating at limited capacity. Case managers available via phone and/or email.

**Detroit Location: 3011 West Grand BLVD., Suite 230, Detroit, MI. 48202**

**Phone (Detroit):** 313-446-9800 **Email:** [info@miunified.org](mailto:info@miunified.org) **Website:** [www.miunified.org](http://www.miunified.org)

**Jackson Location: 211 West Ganson Street Suite 110, Jackson, MI 49201**

**Phone (Jackson):** 517-780-3262 **Email:** [info@miunified.org](mailto:info@miunified.org) **Website:** [www.miunified.org](http://www.miunified.org)

**Ypsilanti Location: 2287 Ellsworth Road Suite B, Ypsilanti, MI 48197**

**Phone (Ypsilanti):** 734-572-9355 **Email:** [info@miunified.org](mailto:info@miunified.org) **Website:** [www.miunified.org](http://www.miunified.org)

## MEDICAL

## AMERICAN INDIAN HEALTH & FAMILY SERVICES

Integrates traditional Native American healing and spiritual practices with contemporary western medicine in both treatment and prevention in medical care, behavioral health care, community health and family wellness services. Offering COVID-19 testing Mon-Friday 8:30 am - 1 pm by appointment only. Offering COVID-19 phone triage & Information. Behavioral health services are currently done through telehealth sessions.

**4880 Lawndale St., Detroit, MI. 48210**

**Clinic Phone:** 313-846-6030 **Website:** [www.aihfs.org](http://www.aihfs.org)

## CORKTOWN HEALTH CENTER

LGBTQ friendly primary care medical space. Includes diagnosis and treatment, behavioral health, HIV testing and treatment, cancer screening and insurance assistance. Telehealth visits after 5 PM Tuesdays and Thursdays by appointment.

**1726 Howard St. Detroit, MI 48216**

**Phone:** 313-832-330 **Website:** [www.corktownhealth.org](http://www.corktownhealth.org)

## HENRY FORD TRANSGENDER HEALTH

The transgender healthworks team provides services such as hormone therapy, gender affirming surgery, PrEP and HIV treatment, voice therapy, and referrals to medical and mental health care.

### Multiple Locations

**Main Phone:** 800-436-7936

**Online Contact:** <https://www.henryford.com/services/transgender-health/contact>

## POWERS FAMILY MEDICINE

LGBTQ affirming primary care facility and staff. Walk-in appointments currently not available, and office hours are for existing patients only. In-Person appointments Monday-Thursday 9 am – 4 pm. Virtual/Televisits Friday 9 am – 4 pm. COVID-19 testing Monday-Thursday, 9am - 4pm. Hours can vary during pandemic protocol.

**Dr. William J. Powers, DO**

**23700 Orchard Lake Rd., Suite E, Farmington Hills, MI. 48336**

**Phone:** 248-482-6222 **Email:** [questions@powersfamilymedicine.com](mailto:questions@powersfamilymedicine.com) **Website:** [www.powersfamilymedicine.com](http://www.powersfamilymedicine.com)

**RADICAL WELL BEING CENTER**   

Believes in the value of every individual, affirms lived experience, and recognizes the impact of stress, trauma, and oppression on people, our community, and our environment. Offers mental, spiritual, and physical well-being services. Virtual and in-person meetings with social distancing.

**20411 W. 12 Mile Road., Suite 101 Southfield, MI. 48076**

**Phone:** 866-703-1901 **Website:** [www.radicalwellbeingcenter.com](http://www.radicalwellbeingcenter.com)

**PLANNED PARENTHOOD**    

Non-profit health organization that provides HIV and STD/STI testing and treatment services, cancer screenings, vaccines, primary care, mental health care, and other medical services. Telehealth virtual health care appointments available. Home service delivery, such as birth control, emergency contraception, and UTI treatment with Planned Parenthood Direct smartphone app.

**Multiple Locations**

**PP Michigan Phone:** 1-800-230-7526 **Email:** [contact@ppmi.org](mailto:contact@ppmi.org)



**Website:** [www.plannedparenthood.org/planned-parenthood-michigan](http://www.plannedparenthood.org/planned-parenthood-michigan)







## DENTAL



**Michigan Dental Association**    
**Phone:** 800-589-2632 **Website:** <https://www.smilemichigan.com/>

**Try-County Dental Health Council**    
Referral agency of dental resources for people in need.  
**Phone:** 248-559-7767 **Website:** <http://www.dentalhealthcouncil.org/>


**University of Detroit/Mercy Dental School**    
Sliding scale program: 25-50% less than private dentists. They do not take referrals.  
**2700 Martin Luther King Jr. Blvd, Detroit, MI. 48208**  
**Phone:** 313-494-6700 **Website:** <https://dentalpatients.udmercy.edu/index.php>



**Detroit Mercy Orthodontics Clinic**    
Children under 16 only. \$3335.00 flat fee.  
**Phone:** 313-494-6731 **Website:** <https://dentalpatients.udmercy.edu/clinics/index.php>

**Gary Burnstein Community Health Clinic**    
Free medical clinic in Pontiac offering dental care. Open Tuesday mornings and Thursday evenings.  
**Phone:** 248-309-3752 **Website:** <http://garyburnsteinclinic.org/>

**Family Health Clinic**    
Free health clinic in Dearborn that offers a variety of services.  
**Phone:** 313-670-9943 **Website:** <https://fhc.c-asist.org/free-dental/>

**Covenant Community Care**    
Federally qualified health clinics that offer dental care. It is not free.  
**5716 Michigan Ave, Detroit, MI. 48210 Phone:** 313-554-1095  
**20901 Moross, Detroit, MI. 48236 Phone:** 313-626-2600  
**Website:** <https://fhc.c-asist.org/free-dental/>

**Oakland Integrated Health Network**    
Sliding fee scale based on income.  
**816 Joslyn Ave., Pontiac, MI. 48304**  
**Phone:** 248-758-1231 **Website:** <https://honorcommunityhealth.org>

**HUDA Clinic**    
T, W, Th and Sat. 8:30 am - 2:00 pm.  
**13420 Woodrow Wilson, Detroit, MI. 48238**  
**Phone:** 313-865-8446 **Website:** <https://www.hudaclinic.org>



**MyCare**

**6900 10 Mile Road, Center Line, MI. 48015**

**Phone:** 586-467-0980 **Website:** <http://mycarehealthcenter.org/>



**Superteeth**

\$99.00 for routine procedures. Emergency walk-ins. No appointment necessary.

Does not take Medicaid.

**23105 Van Dyke, Warren, MI.**

**Phone:** 586-75-6888 **Website:** <https://superteeth.com/>



**Michigan Donated Dental Services**

Apply on website. Provides donated dental treatment to the elderly, chronically ill, and those with disabilities.

**Phone:** 517-34-9455 **Website:** <http://www.smilemichigan.com/resources/michigan-donated-dental-services>



**Malta Medical and Dental Clinic**

Services include dental-oral surgery, extractions, dentures, and medical services. Free or low cost.

**8642 Woodward Ave., Detroit, MI. 48202**

**Phone:** 313-894-2240 **Website:** <http://www.maltaclinic.org> **Email:** [info@maltaclinic.org](mailto:info@maltaclinic.org)



**Oakland County Discount Dental Program**

For Oakland County residents, no dental insurance, verifiable income. Registration fee of \$15, visit fee of \$15 per appointment. Co-pay depends on income.

**Phone:** 248-858-1306 **Toll Free Phone:** 888-350-0900 x 813-6

**Website:** <https://www.oakgov.com/health/services/pages/dental.aspx>

**Dental Hygiene Clinics:** Oral examinations, nutritional assessments, x-rays, oral hygiene instructions, dental cleanings, periodontal scaling and application of fluoride and dental sealants. Care is provided by students under the direct supervision of licensed dentists and hygienists.



**Baker College of Clinton Township**

**34401 S. Gratiot, Clinton Twp., MI.**

**Phone:** 586-790-5238 **Website:**

<https://www.baker.edu/about/get-to-know-us/news/baker-college-offers-low-cost-dental-hygiene-services>



**Wayne County Community College**

**8200 W. Outer Dr., Detroit, MI. 48219**

**Phone:** 313-943-4009

## LEGISLATIVE/LEGAL

### ACLU OF MICHIGAN

National and state-wide organization that provides legislative and legal advocacy for individuals and organizations. Advocates on issues of freedom of speech, religion, and privacy, as well as provides representation for discrimination including race, gender, and sexual orientation.

**2966 Woodward Ave., Detroit, MI. 48201**

**Phone:** 313-578-6800 **Email:** [info@aclumi.org](mailto:info@aclumi.org) **Website:** [www.aclumich.org](http://www.aclumich.org)

### BASSETT LAW

Provides legal services, LGB & Transgender Law, Assisted Reproduction law.

**2045 Hogback Rd, Ann Arbor, MI 48105**

**Phone:** 734-930-9200 **Email:** [reception@bassettlaw.com](mailto:reception@bassettlaw.com) **Website:** [www.bassettlaw.com](http://www.bassettlaw.com)

### COMMON GROUND

Provides a free, open to the public legal clinic where Michigan residents can receive free consultations and legal referrals. Available by phone.

**1200 N. Telegraph Rd., Bldg. 32E Pontiac, MI. 48341**

**Resource Center:** 248-451-2600 **24/7 Hotline:** 800-231-1127 **Website:** [www.commongroundhelps.org](http://www.commongroundhelps.org)

### DANI WOODS: DETROIT POLICE LGBTQ LIAISON OFFICER

Officer Dani Woods serves as the liaison from the Detroit Police department to the LGBTQ community.

**1301 Third Avenue, Suite 7. Detroit, MI. 48226**

**Phone:** 313-596-2520 **Email:** [woods668@detroitmi.gov](mailto:woods668@detroitmi.gov)

### EQUALITY MICHIGAN

Provides support for victims and survivors of anti-LGBTQ and HIV positive discrimination and crime.

**19641 W. 7 Mile Rd., Detroit, MI. 48219**

**Phone:** 866-962-1147 **Email:** [report@equailitymi.org](mailto:report@equailitymi.org) **Website:** [www.equailitymi.org](http://www.equailitymi.org)

### FAIR MICHIGAN

Advocacy, outreach, and education for LGBTQ civil rights in Michigan. Can provide legal services or referrals.

**645 Griswold Ave. Suite 4300, Detroit, MI. 48226**

**Phone:** 313-556-2300 **Email:** [info@fairmichigan.org](mailto:info@fairmichigan.org) **Website:** [www.fairmichigan.org](http://www.fairmichigan.org)

### MICHIGAN CRIME VICTIM SERVICES COMMISSION

The Crime Victims Compensation program can provide limited financial assistance to innocent people who are harmed by a crime in the State of Michigan who are in financial hardship.

**320 South Walnut St., Lansing, MI. 48913**

**Phone:** 517- 373-7373 **Website:** [www.michigan.gov/crimevictims](http://www.michigan.gov/crimevictims)

### NEIGHBORHOOD LEGAL SERVICES

Provides legal services, financial assistance, housing relocation, stabilization services, rental assistance, children's resources, and senior focused legal services. Remote service optional.

**7310 Woodward Ave, Suite 301., Detroit, MI. 48202**

**Phone:** 248-764-8584 **Website:** [www.nlsmichigan.org](http://www.nlsmichigan.org)

### SHELTON & DEON LAW GROUP

LGBTQ friendly law firm handling divorce, family, adoption, estate planning, business, and real estate issues.

**612 E. 4th St, Royal Oak, MI 48067**

**Email:** [mkd@sheltondeonlaw.com](mailto:mkd@sheltondeonlaw.com) **Website:** [www.sheltondeonlaw.com](http://www.sheltondeonlaw.com)

## REPRODUCTIVE HEALTH

### COMPREHENSIVE WOMEN'S HEALTH

Comprehensive obstetrical, gynecological, and contraceptive care and services. Only allowing patients into the office for appointments. The only exception is for fetal ultrasounds, for which patients will be allowed to bring their significant other only.

**1157 S. Adams Rd., Birmingham, MI 48009**

**Phone:** 248-236-0840 **Website:** <https://www.comprehensivewomenshealth.net/>

### LIVE LIGHT DOULA

Free consultations, prenatal visits, labor & breastfeedings, postpartum assistance, and more. Doula Christie Spudoski. Services have virtual / remote options.

**Phone:** 586-215-4688 **Email:** [livelightdoula@gmail.com](mailto:livelightdoula@gmail.com) **Website:** <https://www.livelightdetroit.com/>

### MICHIGAN REPRODUCTIVE MEDICINE

Personalized care for a variety of reproductive medicine services such as IVF, Egg freezing, egg/sperm donations and other services. Telemedicine services offered.

**41000 Woodward Ave. Ste. 100 East Bloomfield Hills, MI 48043.**

**Phone:** 248-593-6990 **Email:** [info@mireproductivemedicine.com](mailto:info@mireproductivemedicine.com)

**Website:** [www.MiReproductiveMedicine.com](http://www.MiReproductiveMedicine.com)

### PARTRIDGE CREEK OBSTETRICS AND GYNECOLOGY

Comprehensive obstetrical, gynecological, and contraceptive care and services. Telehealth visits optional.

**19991 Hall Rd., Suite 105, Macomb Township, MI. 48044**

**Phone:** 586-247-805 **Website:** [www.partridgecreekobgyn.com](http://www.partridgecreekobgyn.com)

### SHAWNA QUEEN

Doula and Childbirth education providing birth, post-partum and other services. Temporarily only offering private childbirth classes digitally.

**Phone:** 313-949-3311 **Website:** [www.shawnaqueen.com](http://www.shawnaqueen.com)

## TOBACCO CESSATION

### LGBT DETROIT

Detroit based nonprofit that provides a variety of resources to the LGBT community including the Breaking the Cycle Tobacco Cessation program. Programming is currently completely digital.

**20025 Greenfield Rd., Detroit, MI. 48235**

**Phone:** 313-397-2127 **Website:** [www.lgbtdetroit.org](http://www.lgbtdetroit.org)

### MICHIGAN TOBACCO QUITLINE

LGBTQ friendly tobacco cessation assistance helpline.

**Helpline:** 800-784-8669

## MENTAL HEALTH

### ALOE INTEGRATIVE PSYCHOLOGY GROUP



Under the supervision of Dr. Nicole Law, Calli Johnson provides low-cost or sliding-scale therapy to the LGBTQIAP+ community. Calli can work with a variety of issues including identity affirmation, trauma, anxiety, depression, adjustment, self-injury and sizeism and is knowledgeable about the fields of polyamory and kink as well.

**2490 Walton Blvd, Rochester Hills, MI 48309**

**Phone:** 248-218-0622 **Website:** <https://www.aloepsychology.com/our-group/calli-johnson>

### ANTONIA CARETTO, Ph.D., PLLC



**25882 Orchard Lake Rd., Suite 201. Farmington Hills, MI. 48336**

**Phone:** 248-553-9053

### BIRMINGHAM MAPLE CLINIC



Individual, relationship, and sexual therapy services available. Remote service via telephone and ZOOM conferencing for individual, couples, family and group sessions.

**2075 West Big Beaver Road, Suite 520, Troy, MI 48084**

**Phone:** 248-646-6659 **Website:** [www.birminghammaple.com](http://www.birminghammaple.com)

### CYNTHIA J. MACLEOD PsyD, PC



**195 W. 9 Mile Rd., Suite 103b, Ferndale, MI. 48220**

**Phone:** 248-497-3921

### CHANGING ECHOS, LLC : MEGAN HART MA LLP, CAADC



Megan Hart is a limited licensed psychologist, certified advanced alcohol and drug counselor and owner/operator of Change Echos, LLC, outpatient psychotherapy services. She earned her Masters degree in Clinical Psychology, with concentration in Addiction Studies from the University of Detroit Mercy. Megan has substantial experience working with both children/adult treatment populations; and adheres to a trauma informed model of care. Remote services available.

**Phone:** 586-764-6838

### KADIMA MENTAL HEALTH SERVICES



Therapy for those with chronic mental health issues, and dual diagnosis. Remote / Telehealth services available.

**15999 W. 12 Mile Rd, Southfield, MI 48076**

**Phone:** 248-559-8235 **Email:** [info@kadimacenter.org](mailto:info@kadimacenter.org) **Website:** [www.kadimacenter.org](http://www.kadimacenter.org)

### JAMES KARAGON, LMSW



**555 Brush St #2406, Detroit, MI 48226**

**Phone:** 313-962-4075

### JOY CAVANAUGH, MA, LBSW, LPC



Telehealth available.

**524 E. 4th St., Royal Oak MI. 48067**

**Phone:** 248-546-9402

### LIA JAMERSON, MA, LPC, NCC



**Phone:** 248-385-2320 **Email:** [liajamerson@dayspringvision.org](mailto:liajamerson@dayspringvision.org)

### MARIANNE CARNIAK, MS, TLLP



**Phone:** 248-420-6742 **Email:** [mcarniak@gmail.com](mailto:mcarniak@gmail.com)

**MATT SWEET, MSW, PC**  

Specializing in anxiety, depression, sexual compulsion and sex therapy, abuse recovery, HIV/AIDs, polyamory/non-monogomy, and more. Remote therapy available.

**Phone:** 248-930-2137 **Website:** [mattsweet.com](http://mattsweet.com)

**OAKLAND MEDIATION CENTER**   

Provides conflict resolution and education services that are quite affordable and quickly empower community members, families, businesses, courts and schools to resolve conflict. All mediation is conducted remotely over Zoom.

**550 Hulet Dr #102, Bloomfield Hills, MI 48302**

**Phone:** 248-338-4280 **Website:** <https://mediation-omc.org/>

**RADICAL WELL BEING CENTER**   

Believes in the value of every individual, affirms lived experience, and recognizes the impact of stress, trauma, and oppression on people, our community, and our environment. Offers mental, spiritual, and physical well-being services. Offers both virtual and in-person meetings with social distancing.

**20411 W. 12 Mile Road., Suite 101 Southfield, MI. 48076**

**Phone:** 866-703-1901 **Website:** [www.radicalwellbeingcenter.com](http://www.radicalwellbeingcenter.com)

**RESIDENTIAL RECOVERY RESOURCE CENTER**   

Offers therapy group therapy, art therapy, yoga, 12 step programs as well as additional resources. Both virtual and in-person meetings are available.

27700 Gratiot Ave, Roseville, MI 48066

**Phone:** 586-217-5899 **Website:** <https://www.liveritestructuredcorp.com/resources/rrrc>

**SIMONE R. MARION, PhD., MHC, LLPC** 

**24209 Northwestern Hwy., Suite 258, Southfield, MI. 48075**

**Phone:** 313-265-3645

**TANDY JURGENSEN, LLPC, MICHIGAN REHABILITATION SERVICES**  

Offers vocational rehabilitation, which is done remotely.

**5111 Woodward Ave, Suite 4D., Pontiac, MI. 48343**

**Phone:** 248-972-9168

**THE CENTER FOR RELATIONSHIP AND SEXUAL HEALTH**  

Individual, relationship, and sexual therapy services available. Telehealth available.

**25600 Woodward Avenue, Suite 215. Royal Oak, Mi. 48067**

**Phone:** 248-399-7447 **Email:** [OfficeMgr@crsh.com](mailto:OfficeMgr@crsh.com) **Website:** [www.CRSH.com](http://www.CRSH.com)

**WELCOME INN DAY CENTER (Seasonal Dec-Mar)**     

Services include meals, transportation, clothing, medical care, mental health support, rehab programs, support & recovery groups, and shelter. All guests must have a negative COVID-19 test that is not more than 24 hours old. Check website for availability.

**1717 W. 13 Mile Rd., Royal Oak, MI 48073**

**Main Line:** 248-850-3219 **Email:** [WelcomeInnSOCH@gmail.com](mailto:WelcomeInnSOCH@gmail.com) **Website:** <http://www.sochwi.org/>

## Mental Health and Wellness Clinic, Wayne State University College of Education



Services include individual mental health counseling, couples and group counseling, career counselling and art therapy. All sessions will be offered either via telephone (voice only), cell phone Facetime (iPhones only), or Zoom (video conferencing).

**Website:** [go.wayne.edu/mhawc](http://go.wayne.edu/mhawc) **Email:** [mhawc@wayne.edu](mailto:mhawc@wayne.edu) **Counseling and Art Therapy:** 313-557-1681  
**Counseling and School Psychology:** 313-557-8744

## JACKSON DALY, MSCP, LLPC



Professional Counselor

550 S.Saginaw St., Lapeer, MI 48446

**Phone:** 732-608-4674 **Email:** [jacksondaly1390@gmail.com](mailto:jacksondaly1390@gmail.com)

**Website:** <https://www.psychologytoday.com/us/therapists/jackson-daly-lapeer-mi/771500>

## PHARMACY

### CROWN PHARMACY



Pharmacy that specializes in HIV and cancer drugs. Open weekdays 10 AM – 6 PM, except for Wednesday which is open till 5 PM. Free medication delivery.

24401 Plymouth Rd., Redford, MI. 48239

**Phone:** 313-532-3784 **Email:** [crownpharmacy1@aol.com](mailto:crownpharmacy1@aol.com)

### FERNDALE FAMILY PHARMACY



Offers free delivery. Open Mon-Fri: 9:30 AM – 6:00 PM. Sat: 10 AM – 2 PM.

753 W. Nine Mile Rd., Ferndale, MI. 48220

**Phone:** 248-565-8031 **Email:** [info@ferndalefamilypharmacy.com](mailto:info@ferndalefamilypharmacy.com) **Website:** [Ferndalefamilypharmacy.org](http://Ferndalefamilypharmacy.org)

### MEDCART PHARMACY



Prescription pickup or delivery.

1964 W. 11 Mile Rd. Berkley, MI

**Phone:** 734-762-6660 **Website:** [www.medcartpharmacy.com](http://www.medcartpharmacy.com)

### SRX SPECIALTY CARE PHARMACY



Medication delivery. Open Mon-Fri: 9:00 AM – 6:00 PM.

3412 W 13 Mile Rd. Royal Oak, MI. 48073

**Phone:** 248-607-3110 **Email:** [info@srxcares.com](mailto:info@srxcares.com) **Website:** [www.srxcares.com](http://www.srxcares.com)

### WRIGLEY'S PHARMACY



LGBTQ friendly pharmacy. All insurances accepted. Provides free prescription pickup & delivery. Open weekdays 9 AM – 6 PM, and Saturday 10 AM – 2 PM.

14100 Woodward Ave., Highland Park, MI. 48203

**Phone:** 313-867-5000

## RECOVERY/DETOX

### ALCOHOLICS ANONYMOUS (AA)

AA Brownbaggers group takes place both virtually and in-person. For more information on all recovery groups made available through the Center, please visit <https://goaffirmations.org/support-and-discussion-groups/>. For link and password, please email [info@goaffirmations.org](mailto:info@goaffirmations.org)

**Website:** [www.aa.org](http://www.aa.org)

### CRYSTAL METH ANONYMOUS (CMA)

CMA Crystal Clean group takes place both virtually and in-person. For more information on all recovery groups made available through the Center, please visit <https://goaffirmations.org/support-and-discussion-groups/>. For link and password, please email [info@goaffirmations.org](mailto:info@goaffirmations.org)

**Website:** [www.crystalmeth.org](http://www.crystalmeth.org)

### NARCOTIC ANONYMOUS (NA) METRO DETROIT REGIONAL

NA Diversity group takes place both virtually and in-person. For more information on all recovery groups made available through the Center, please visit <https://goaffirmations.org/support-and-discussion-groups/>. For link and password, please email [info@goaffirmations.org](mailto:info@goaffirmations.org).

Local helpline operated 24/7.

**Helpline:** 248-543-7200; 877-338-1188 **Website:** [www.michigan-na.org](http://www.michigan-na.org)

### Narcotics Anonymous (NA)

NA LGBTQ group that takes place at Residential Recovery Resource Center every Sunday at 5pm.

#### **Residential Recovery Resource Center**

27700 Gratiot Ave, Roseville, MI 48066

**Phone:** 586-217-5899 **Website:** <https://www.liveritestructuredcorp.com/resources/rrr>

### Start Your Recovery

Offers people who are dealing with substance use issues a single source of reputable, objective information about signs, symptoms, conditions, treatment options, and resources — presented in a user-friendly format and in language that's easy to understand.

**Website:** [StartYourRecovery.org](http://StartYourRecovery.org)

### WELCOME INN DAY CENTER (Seasonal Dec-Mar)

Services include meals, transportation, clothing, medical care, mental health support, rehab programs, support & recovery groups, and shelter. All guests must have a negative COVID-19 test that is not more than 24 hours old. Check website for availability.

**1717 W. 13 Mile Rd., Royal Oak, MI 48073**

**Main Line:** 248-850-3219 **Email:** [WelcomInnSOCH@gmail.com](mailto:WelcomInnSOCH@gmail.com) **Website:** <http://www.sochwi.org/>

## DETOX CENTERS

### ADVANCE RAPID DETOX

Services include 3-day detox services under sedation.

**461 W. Huron St. Pontiac, MI 48341**

**Phone:** 800-603-1813 **Email:** [info@advancedrapiddetox.com](mailto:info@advancedrapiddetox.com) **Website:** [www.advancedrapiddetox.com](http://www.advancedrapiddetox.com)

### RAPID DRUG DETOX CENTER



Services include anesthesia-assisted opiate detoxification, Naltrexone Therapy, and lodging.

**5130 Coolidge Hwy, Suite 250, Royal Oak, MI 48073**

**Phone:** 888-825- 1020

**Email:** [info@rapiddrugdetox.com](mailto:info@rapiddrugdetox.com) **Website:** [www.rapiddrugdetox.com](http://www.rapiddrugdetox.com)

## SACRED HEART

Services include detoxification, residential inpatient services, women's specialty care, and outpatient therapy.

**1400 East 12 Mile Rd, Madison Heights, MI 48071**

**Phone:** 248-658-1116

**Website:** [www.sacredheartcenter.com](http://www.sacredheartcenter.com)

## SHELTER/HOUSING

### ALTERNATIVES FOR GIRLS

Services include shelter, counseling, life-skills training, outreach, walk-in center, and crisis line. Open weekdays 9 AM – 5 PM.

903 W. Grand Blvd., Detroit, MI 48208

**Main Line:** 313-361-4000 **Crisis Line:** 888-234-3919 **Email:** [resourcecenter@alternativesforgirls.org](mailto:resourcecenter@alternativesforgirls.org)

**Resource Center:** 313-461-4000, ext. 295

Resource Center Hours: Mon – Sun: 9 AM – 9:30 PM

**Website:** [www.alternativesforgirls.org](http://www.alternativesforgirls.org)

### COMMON GROUND

Services include 24/7 crisis hotline/text/chat, sexual-assault empowerment groups, loss support groups, and legal clinic. Active programming at the Resource and Crisis Center includes: crisis stabilization, sober support and crisis residential services.

**1200 N. Telegraph Rd., Bldg. 32 E Pontiac, MI 48341**

**Resource Center:** 248-451-2600 **Hotline:** 800-231-1127 **Website:** [www.commongroundhelps.org](http://www.commongroundhelps.org)

### COMMUNITY HOUSING NETWORK

Non-profit housing resource center that provides home buying/renting workshops, financial education, and the Home Ownership Program for low-income households.

**570 Kirts Blvd., Suite 231, Troy, MI 48084**

**Housing Resources Center:** 248-269-1335 **Main Line:** 248-928-0111

**Website:** [www.communityhousingnetwork.org](http://www.communityhousingnetwork.org)

### FREEDOM HOUSE (adult)

Services include free legal aid, shelter, ESL training, medical/mental health care, and job services for refugees and asylum seekers.

**2630 W. Lafayette Blvd., Detroit, MI 48216**

**Mainline:** 313-964-4320 **Website:** <https://freedomhousedetroit.org/>

### HOPE WARMING SHELTER

Services include adult shelter offering medical, housing, and employment support. *ID, Sobriety, and Background Check NOT REQUIRED.* You have to call/sign up to get a bed, no longer walk-in.

**249 Baldwin Ave, Pontiac, MI 48342**

**Website:** <http://www.hopewarmingpontiac.org/> **Adult Shelter:** 248-499-7345

**NEIGHBORHOOD LEGAL SERVICES**   

Provides legal services, financial assistance, housing relocation, stabilization services, rental assistance, children's resources, and senior focused legal services.

**7310 Woodward Ave, Suite 301., Detroit, MI. 48202**

**Phone:** 248-764-8584 **Website:** [www.nlsmichigan.org](http://www.nlsmichigan.org)

**OZONE HOUSE (Youth 13-20)**       

Provides drop in services, runaway services, emergency shelter, crisis lines, counseling, job training as well as support for homeless, runaway and at-risk youth+LGBTQ. Drop-In Center is appointment only. Some services may be on hold or limited to comply with COVID safety protocol, contact for more information. Food and personal hygiene items are available on the front porch at 102 N. Hamilton in downtown Ypsilanti.

**Drop-in Center: 102 N. Hamilton, Ypsilanti, MI 48197 Youth Shelter: 1705 Washtenaw, Ann Arbor, MI 48104**

**Crisis Line :** 734-662-2222 **Mainline:** 734-662-2265

**RUTH ELLIS (youth)**   

Services include residential beds, drop-in center, health and wellness center, case management, and educational/job services for homeless and at-risk LGBTQ+ youth. Volunteer projects, and in-person meetings are canceled until further notice.

**77 Victor St., Highland Park, MI 48203**

**Drop-In Center:** 313-867-6936

**Residential Facility:** 313-252-1950

**Health and Wellness Center:** 313- 365-3326

**Website:** <https://www.ruthelliscenter.org/>

**WELCOME INN DAY CENTER (Seasonal Dec-Mar)**     

Services include meals, transportation, clothing, medical care, mental health support, rehab programs, support & recovery groups, and shelter. All guests must have a negative COVID test that is not more than 24 hours old.

Check their website for availability.

**1717 W. 13 Mile Rd., Royal Oak, MI 48073**

**Main Line:** 248-850-3219 **Website:** <http://www.sochwi.org/>

## DOMESTIC VIOLENCE SHELTERS

**FIRST STEP**   

Services include temporary emergency housing, 24/7 helpline, domestic violence and sexual assault advocacy, and assault response. Many services are available through video or phone.

**Helpline:** 734-722-6800; 888-453-5900 **Email:** [info@first-step-mi.org](mailto:info@first-step-mi.org) **Website:** [www.firststep-mi.org](http://www.firststep-mi.org)

**HAVEN**    

Services include a 24-hour emergency shelter (animal friendly), counseling services, assault response teams, support groups, and Personal Protection Orders. Services have remote options.

**Phone:** 877-922-1274; 248-334-1274 **Website:** [www.haven-oakland.org](http://www.haven-oakland.org)

**TURNING POINT**    

Provides domestic violence centered services such as emergency shelter housing, forensic examination, Legal Aid/PPO, counseling and advocacy, and children/teen services. All counseling sessions are available via phone. Personal Protection Office services are available only by phone (586-469-7494).

**24/7 Crisis Line:** 586-463-6990 **Counseling:** 586-463-4430 **Website:** [www.turningpointmacomb.org](http://www.turningpointmacomb.org)

## TRANS SERVICES

### FtM DETROIT

Community-based group for transmasculine identified people that partake in social gatherings, support groups, and activism projects. Discussion groups are held every 2nd and 4th Wednesdays at 7 pm, <https://us02web.zoom.us/j/5683807337> is the link and the Meeting ID is 713 420 8861.

**Facebook/Twitter/Instagram:** @ftmdetroit **Email:** [ftmdetroit@gmail.com](mailto:ftmdetroit@gmail.com)

### GENDER-IDENTITY NETWORK ALLIANCE (GNA)

Services include social advocacy, community education, and events.

**Website:** [www.gnausa.org](http://www.gnausa.org)

**Facebook:** [Gender Network Alliance](#) **Email:** [michellefp@gnausa.org](mailto:michellefp@gnausa.org)

### HENRY FORD TRANSGENDER HEALTH

The transgender healthworks team provides services such as hormone therapy, gender affirming surgery, PrEP and HIV treatment, voice therapy, and referrals to medical and mental health care. Visitor restrictions based on hospital location.

#### Multiple Locations

**Phone:** 800-436-7936 **Online Contact:** <https://www.henryford.com/services/transgender-health/contact>

### STAND WITH TRANS

Services include virtual support groups, transition resources, events, and ALLY hotline.

**Email:** [roz@standwithtrans.org](mailto:roz@standwithtrans.org) **Website:** [www.standwithtrans.org](http://www.standwithtrans.org)

### TRANSCEND THE BINARY

Trans focused community organization that provides peer counseling, surgery consults, therapy referrals, insurance navigation, fitness/nutrition guidance, HRT education, affirming doctor referrals, and free syringes. Telehealth / video chat sessions available.

**Phone:** 248-533-0797

**Email:** [info@transcendthebinary.org](mailto:info@transcendthebinary.org) **Website:** [www.transcendthebinary.org](http://www.transcendthebinary.org)

### TRANSGENDER MICHIGAN

Services include helpline, advocacy, and community education.

**Helpline:** 855-345-8464; 800-842-2954

**Email:** [info@transgendermichigan.org](mailto:info@transgendermichigan.org) **Website:** [www.transgendermichigan.org](http://www.transgendermichigan.org)

### TRANS SISTAS OF COLOR PROJECT

Community group for trans women of color that provides resources, support, and advocacy services.

**Email:** [tsocproject@gmail.com](mailto:tsocproject@gmail.com) **Facebook:** Trans Sistas of Color Project – Detroit

### TRANS LIFELINE

24/7 hotline staffed by Trans-identified volunteers for crisis support and transitioning /gender-questioning resources.

**24/7 Crisis Line:** 877-565-8860 **Website:** [www.translifeline.org](http://www.translifeline.org)

### UMHS COMPREHENSIVE GENDER SERVICES PROGRAM

Healthcare program run by the University of Michigan that provides primary medical care, hormone therapy, mental health care, and other transition services. Intake is in person, follow up mental health care is done remotely.

**2025 Traverwood Dr., Suite A. Ann Arbor, MI. 48105**

## ADDITIONAL RESOURCES

### DETROIT REGIONAL LGBT CHAMBER OF COMMERCE



Advocates for inclusion of all people, especially the Lesbian, Gay, Bisexual, Transgender, + Ally Business Community in South East Michigan. Our Chamber believes including diverse cultural groups creates a wealth of knowledge and robust product/service creation. Recognizing our differences can organically create innovations in enterprise. Connecting our LGBT members to a strong base of ally partners and corporate support; we provide real growth opportunities for all businesses in the region.

Website: [www.detroitlgbtchamber.com](http://www.detroitlgbtchamber.com)

### GLTB NATIONAL HELP CENTER



Hotline that refers callers to LGBTQ friendly resources in the caller's area and maintains an online data base of LGBTQ friendly resources.

Hotline: 888-843-4564 Youth: 800-246-7743 Email: [help@glbthotline.org](mailto:help@glbthotline.org) Website: [www.glbthotline.org](http://www.glbthotline.org)

### METRO DETROIT GAY AND LESBIAN SOFTBALL LEAGUE LOCAL



The Metro Detroit Gay and Lesbian Softball League is celebrating its 25th season this year. Games are played in Rochester Hills every Sunday from May 2 - August 22. We offer different skill levels for all ball players, whether you are a starter or you tried out for the Detroit Tigers.

Mailing Address: P.O. Box 20215, Ferndale, MI 48220 Administration: 586-945-4029

Website: [www.mdsl.org](http://www.mdsl.org)

### PRIDE SOURCE



Michigan based LGBTQ Magazine and news organization serving the State of Michigan. Maintains an LGBTQ friendly resources phonebook. Carried at Affirmations.

Website: [www.pridesource.com](http://www.pridesource.com)

### RAD REMEDY



Contacts trans, gender non-conforming, intersex, and queer folks to LGBTQ affirming resources.

Website: [www.radremedy.org](http://www.radremedy.org) Facebook: <https://www.facebook.com/radremedy/>

### HWAN STRINGS



Detroit-based provider of live music (solo, duo, trio, string quartet) for private & public special events, and of private music instruction including cello & violin lessons traditional or Suzuki, music theory, song-writing & composition, and music technology, either in-person or online, and accepting all students ages 3+.

### CHAEWON HELGE

B.M. Indiana University

M.M. Western Michigan University

D.M.A. University of Oklahoma (ABD)

Registered and Certified Suzuki Teacher

Website: [www.hwanstrings.com](http://www.hwanstrings.com)

Phone: 231-233-2831 Email: [chaewonhelge@gmail.com](mailto:chaewonhelge@gmail.com)

## OLDER ADULT/SENIOR RESOURCES

### AE HOMECARE

Provides coordinated care for senior adults including respite care, housekeeping, meal prep, personal care and companionship.

**275 E. Big Beaver Rd Suite 109, Troy, MI**

**Main Line:** 248-601-0777 **Email:** [andrew.green@vidaseniorresource.com](mailto:andrew.green@vidaseniorresource.com)

**Website:** <http://www.aehomecareco.com/>

### ALZHEIMER'S ASSOCIATION

Provides Family support and resources to those with dementia and alzheimer's disease. Offers some virtual services & support.

**25200 Telegraph Suite 100, Southfield, MI 48033**

**Main Line:** 800-272-3900 **Email :** [helplinegmc@alz.org](mailto:helplinegmc@alz.org) **Website:** [www.alz.org/gmc](http://www.alz.org/gmc)

### AREA ON AGING 1-B

**Services Oakland, Monroe, Macomb, Livingston**

Services and Resources for Seniors Programs, resources and services from the AAA 1-B support older adults and help them live safely and comfortably at home. Offers virtual events & programs.

**29100 Northwestern Hwy, Southfield, MI 48034**

**Main Line:** 800-852-7795 **Website:** [www.aaa1b.org](http://www.aaa1b.org)

### COMFORT KEEPERS (Oakland & Wayne Counties)

Provides coordinated services for seniors that include dementia care, respite care, housekeeping, nursing services, assisted living, mental health services and more.

**Main Line:** 248-957-9717 **Website:** [www.comfortcarepartners.com](http://www.comfortcarepartners.com)

### LAJOY GROUP/HOME HEALTHCARE

**Services in Wayne, Macomb, Oakland, and Washtenaw Counties**

Provides coordinated care for senior adults including respite care, housekeeping, personal care and limited transportation.

**Main Line:** 734-259-7626 **Email:** [mkalish@lajoygroup.com](mailto:mkalish@lajoygroup.com) **Website:** <https://www.lajoygroup.com>